



Ka Leo O Kodenkan

American Jujitsu Institute

Since 1939

"Ua Mau Ke Ea O Ka Aina I Ka Pono"

Volume 2007 - 01

Alaska Jujitsu Honors Military



Alaska Jujitsu Kenpo Institute held its first annual "Welcome Home" demonstration for soldiers returning from a year of service at Ft. Richardson Army Base. Student's from all three Alaska dojos participated, AJKI Ft. Rich, AJKI YMCA, and AJKI Arctic Gymnastics. A total of 30 student's participated in the program. The event was topped by the promotions and was followed by pizza night at Tito's, a nearby favorite hot-spot.!

AJKI also had the opportunity to pamper the wives of our servicemen with a special "Thanks To You" day at Ft. Rich. Sensei Terry and his wife Sussie provided massages for all the wives of our soldiers in "pennies for minutes" program.

AJKI instructors Terry Adlawan and Myron Severson also recently returned from Idaho after teaching an advanced martial arts seminar in Nampa. The event was very successful and and they have already been invited back next summer for another class. Nampa martial artists also expressed an interest in becoming members of the

American Jujitsu Institute *Officers and Directors*

Samuel C. Luke	President
Daniel W. Saragosa	Vice-President
Charles P.K. Lee	VP- Karate
Melvin Cansibog	Treasurer
Stephanie Cansibog	Secretary
Ken Eddy	Director
Jason Spencer	Director
Libert O'Sullivan	Director

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The AJKI Arctic Dojo has also been offering classes to Anchorage Police Officers and SWAT Team members. The courses are designed specifically for police work and has been well-accepted by the officers in attendance.

Currently, both AJKI Arctic Gymnastics and AJKI Ft. Rich, are preparing for upcoming competitions. The "Top of The World" competition is coming up at the end of the month and will feature events in Kata and Kumite. In the past year, AJKI has taken 1st place honors in both individual and team katas. Many students have also taken individual 1st place honors in kumite fighting. We are hoping that our team does well this year again.

submitted by: Sensei Terry Adlawan, Alaska Jujitsu Institute.



Elections

Elections have been completed and the votes counted. Your new board of directors and officers are as follows:

Samuel C. Luke	President
Daniel W. Saragosa	Vice-president
Charles P.K. Lee	Vice-president / Karate Division
Melvin Cansibog	Treasurer
Stephanie Cansibog	Secretary
Ken Eddy	Director
Jason Spencer	Director
Libert O'Sullivan	Director

The results were announced following the December 16, 2006 meeting. Thank you to all who participated in this process.

Annual Christmas Party

The annual AJI Christmas Party was held on Saturday December 2nd at the Hawaii Country Club on Kunia Rd. Over 125 people attended and it was a great time for everyone involved.



One Man's Opinion

by Carlos Gallegos

Throughout my 40 years of martial arts experience, I've learned that you have to exercise and work out both mentally and physically every day of your life. You also have to stay one step ahead of rigor mortis, and training is that step! As Black Belts, you must remember when you started in martial arts, how much time you put in to your workouts, and how hard you tried to reach your goals. So what happened? We have had two black belt workouts recently. For the first, only a handful of people showed up. For the second, even fewer of you attended. However, those of us who did attend made new friends and developed a deeper respect for each other.

As Black Belts, you have an obligation to keep your organization at the highest level of quality possible for martial artists. Do not let yourselves lose this quality; we owe it to our organization and to our founders. Black belt workouts are a must. I've decided to open the upcoming workout to include all belts, so that we can establish great respect for one another and kick start a hunger to learn. So, let's show each other what our organization is made of. Our future depends on you and your participation.

Thank you,
Carlos Gallegos

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KaishinKai Dojo News

By Sue Jennings

12th Annual Kamp KaishinKai

Weather was nearly perfect for the 12th Annual Kamp KaishinKai on August 11-13, 2006. Hosted by Prof. Ron Jennings and Sensei Sue Jennings on their property near Centralia, Washington, the camp had participants from



An overview of camp from the balcony.

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Washington, Oregon and as far away as Utah. Campers arrived late Friday afternoon and stayed through Sunday afternoon with classes all three days.

One of the great features of camp is that almost all lists of Danzan Ryu Jujitsu are covered from Yawara through Shinyo and arts from the Kiai No Maki, as well as Aikido, Kenpo Jujitsu, Judo, and Taekwondo. So, there is something for the beginning student and instructor training for the



Prof. Ron Jennings and Sensei Ross Gibbs take a break to relax in the swing during camp.

camp instructors. We pack a lot of material into one long weekend, and succeed in exhausting even the fittest martial artist through the succession of classes from early morning through late evening. Held in conjunction with the Perseid Meteor Showers, late night is spent by the campfire watching for falling stars, and eating smores.

Meals and t-shirt are part of the registration fee, which also included a generous Saturday evening catered banquet. Most of the participants slept in tents in the overgrown tree farm on the back of the property, or in the dojo, but there are a few that needed to return home each evening, and even a few that brought their motor homes. One of the traditional events of the weekend is the annual viewing of the movie, "The Adventures of Ozzie Twightly".

At the close of camp, those that were strangers at the start of camp, give their goodbye hugs to all their new friends. Camp has the ability to create a great bonding between the participants, so that they all start becoming one big extended family. So with that in mind, we invite everyone to plan ahead and put August, 2007 on your calendars to attend the 13th Annual Kamp KaishinKai.

Dojo Events

Prof. Ron Jennings is pleased to announce the recent promotions of KaishinKai students: Joe Lentz - Nikyu; Daniel Bracket and Chris Eller - Sankyu; Pete Barnhill - Yonkyu; Gokyu (3rd Degree Blue Belt) - Cliff Carrico, Katherine Roundy, and Diane Carrico.

Over Labor Day, both Prof. Ron Jennings and Sensei Sue Jennings attended the Shoshin Ryu Reunion in Pleasanton,

California. It was an enjoyable weekend and we made new friends and had a great time visiting with all our good friends over the weekend.

On Saturday, October 21st we had a Dojo Work Party to install new carpeting in the dojo. Thanks go to all those who participated and especially to Spencer Arnold for leading the workers in this group effort. The new carpeting looks great, as does the entire dojo that received a through cleaning! Without the students it's just a building, not a dojo.

On Saturday, October 28th nine of us trekked from KaishinKai Dojo over 200 miles for a Regional Clinic in Eugene, Oregon. Nearly 30 people were in attendance with nine instructors sharing their art. The clinics proceed at a fast pace, but there's plenty of new material and a chance to practice with students of other dojos. The next Pacific Northwest Regional Clinic will be held in Hillsboro, Oregon in December, then on to the Evergreen State College in Olympia, Washington in February, 2007. The Regional



Clinics are held every other month at one of the participating Northwest dojos. The students enjoy the diversity from the other schools, and seeing the friends they make at each of these events.

Promotions: December 2006

8th Kyu - Yellow

Landyn Olayon
Lawrence Ortiz
Lionel Ortiz

Wahiawa Kodenkan
Wahiawa Kodenkan
Wahiawa Kodenkan

7th Kyu - Orange

Carlena Ascencio

Wahiawa Kodenkan

6th Kyu - Purple

Bryanna Lagmay
Melvin Tupinio
Maegan Tupinio

Wahiawa Kodenkan
Wahiawa Kodenkan
Wahiawa Kodenkan

Yellow

Stetson-Duke Morales

Waianae Jujitsu Club

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Jayson Raymondo Waianae Jujitsu Club
Kyle Eric Sunn Waianae Jujitsu Club
Rustin Worley Waianae Jujitsu Club

Green

Justice Mya Cambra Makakilo Jujitsu Club
MeKenna Chun Waianae Jujitsu Club
Stanley-James Kawelo Waianae Jujitsu Club
Stanton-John Kawelo Waianae Jujitsu Club
Jacob Thoene Waianae Jujitsu Club

Yonkyu - Purple

Luke Jared Fia Makakilo Jujitsu Club
Charles Freitas Jr. Waianae Jujitsu Club
Glory Onaga Makakilo Jujitsu Club
Cecelia Westlake Waianae Jujitsu Club
Unity Kea Cambra Makakilo Jujitsu Club

Sankyu - Brown

Alain Acob Makakilo Jujitsu Club
Amelia Chung Makakilo Jujitsu Club
Barry Westlake Waianae Jujitsu Club
Mindy DeCastro Wahiawa Kodenkan

Nikyu - Brown

Jayna Yonekura Wahiawa Kodenkan
Kaulana Stanley Waianae Jujitsu Club

Ikkyu - Brown

William Domen Waianae Jujitsu Club

Shodan

Austin Streadbeck Makakilo Jujitsu Club
Rogge Cuarisma Ken Ka Ju Self Defense Club
Mansfield Cuarisma Jr. Ken Ka Ju Self Defense Club

Congratulations to all.

Reminder: All instructors should send a list of dojo promotions to headquarters for publication.



Hauoli Makahiki Hou!

Prof. Samuel C. Luke

Happy New Year for the Year of the Boar!

Thanks for your vote of confidence, I will have another 2 years as your President. By your unanimous vote, I take it that you approve of the direction the AJI

has taken. But, we are not sitting on our laurels. Expect that we will continue to be progressive and make improvements in our administration and leadership.

Congratulations to all the elected officials and thanks to those who stood for election but didn't make it. Those elect-

ed will be expected to put in their fair contributions and best effort to help our progress. Those not elected can help by coaching us as you see fit. Tell me what you are willing to do to help out. And that goes for all Black Belts that wish to be part of an organization we can be proud of. I want to hear of your comments and suggestions as often as you have time but at least a couple of times a year. One of our themes will be COMMUNICATION, HQ to you but also you to us!

I have some new plans which I cannot reveal at this time. I plan an executive weekend retreat soon at which time your leaders will help with and get to approve my new ideas. Meanwhile, starting right now, I'd like to hear from all of you with ideas to improve our Institute.

Any day now, my one story office will be lifted to become a second story. This means my electricity, plumbing and PC connections will be shut off and I may not receive your messages. So, please CC Prof. Saragosa with your messages to me. He will tell me about your suggestions and comments.

Best wishes for the year of the Boar, to all Black Belts, Dojo Chiefs, and Other potential leaders of the AJI. Remember to practice and teach the Esoteric Principles to guide all of us to greater service and happiness. No matter your art, it is to assist us to practice a good life for our friends, students and families.

I thank the officers for a good past two years. I thank all of you for your support and continued confidence in our efforts to achieve the goals of our founder, Professor Henry S. Okazaki! With open hearts to all, Aloha and God Bless.



Message From the VP

Daniel Saragosa

Thank you for your vote of confidence. I pledge to do my best to represent the membership to the best of my abilities. This has been a trying year for me as I was away from home for at least six months. I do however, plan to continue my travels in trying to reach every AJI school on the mainland. I will continue to offer

classes wherever I travel.

Last year, my travels took me to Brazil for the jujitsu event at the International Law Enforcement Games and to Falls Church, Va., to touch bases with our members there. We plan another trip to the east coast in February and will be teaching out in the D.C. area.

Contact Chuck Frizzelle at frizzelle04@yahoo.com for details of the upcoming seminar.

K a L e o O K o d e n k a n



Happy New Year, 2007

Prof. Charles Lee

My wife Alyce and I wish all of our members past and present, a Happy and Prosperous New Year. We as a group participated in 2006 Camp Kokua which was held at South Lake Tahoe, Zane Graham's

house and it was a great success. This camp had a different flavor and was devoted to Seifukujitsu and exposure to Professor Nuhuiwa's history. The last day of the camp was dedicated to blessing of sensei Mike Bern's dojo in Gardnerville. Professor Cansibog and I had the privilege of teaching classes. The dojo was beautiful and a nice place to work out. This paragraph cannot close without mentioning the delicious kal-bi lunch by our hosts and my wife Alyce's first massage from Zane Graham.

Also in November of 2006, Professors Bruce Keaulani and sensei Carlos Gallegos of Kaito Gakko held a mini-Ohana in Honolulu which was attended by their members from the mainland. Hawaii and AJI was well represented. This was Kaito Gakko's first camp in Hawaii. Professor Mel Cansibog and his wife Yvonne were assigned by Professor Luke to assist Kaito Gakko with their program. Both Professor Mel and I held classes in Jujitsu and Kenpo. Other subject matters focused on Professor Nuhuiwa and his Hawaiian teaching of the Lua.

In closing I want to thank all members who took time to vote for the new board members and I want to say thank you for voting me again as Vice President of Karate Division.



Mahalo

Prof. Mel Cansibog

It is a humbling feeling knowing those who voted for me recently to stay on as Treasurer for the AJI for another two year term. I will continue to fill this position to the best of my abilities and hopefully watch our Organization grow stronger.

At the same I am always open to financial idea's which will enhance in the growth of the AJI. Please feel free to express such idea's which I will take into full consideration. You may send any of your idea's to aji96792dojo@yahoo.com and I will look them over and get back with you.

It was the wishes of our former President Francisco Limbago (my Sensei) that I take over this position and help to keep the AJI going strong. As a Life time member of the AJI, I will keep his hopes and dreams and the dreams of

those that have set the foundations of this great Organization. I am sounding like I am trying to run for office. A politician I am not, but I do want to see Okazaki's dream continue through my lifetime.

Thank You, Mahalo

Prof. Mel Cansibog
7th Degree, Black Belt
AJI Treasurer



Thank You!

Jason Spencer

I am honored to be elected as a director of the AJI, and I hope to serve all members well in this post. I am first and foremost dedicated to preserving and expanding on all of Prof. Okazaki's teachings. I also believe the AJI plays a very special role as custodian of those teachings.

For these reasons, I'm excited to be a part of the Institute and to help where I can to further it's goals.

I hope we will see more sharing, both within our organization and between the organizations, of the vast store of information that people in the Okazaki family tree have acquired. This is how we all learn and grow--by breaking out of our normal habits and seeing things from a different perspective. All of this is aside from the camaraderie that comes from making new friends and getting together with old ones.

If you have some energy and/or ideas on how to make these things happen, go for it--no time like the present. And if I can help in some way, just let me know.

Sincerely,
Jason Spencer
Ko Ryu Kan



News from Iraq

Michael Foley

I've been in this country now for two years working with the 3rd Inf Division, 4th Inf Division, and now the 1st CAV Division. I am now supporting in two capacities. As an Army LTC dealing with the special operations arena, and as

the Chief of Operations for a new sophisticated surveillance system newly created for this Area of Operations. It's very interesting and I feel very blessed to be able to serve in a multiple role like this. I miss my girls but we are making a lot of difference in the Iraqi people's lives. They now have a

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chance to experience democracy and live in a free society without fear of reprisal, someday. Terrorists are making that a real problem right now and will continue to do so for quite a while into the future all around the world. It's unfortunate, but that's just the way it is. If we leave here, the terrorists will just follow us home with a renewed sense of accomplishment. It would be a frightening consequence of giving up that we just cannot afford. So, I'll keep banging away and teaching our soldiers how to fight as long as I'm able. It's who I am. Hooah!



Note: Michael Foley is a Shichidan and the head of the Koden Kan Martial Arts Training Centers in Placerville, California and Post Falls, Idaho.

Ohana 2007

Ohana 2007 is just around the corner. The event is being hosted by the Kodenkan Danzan Ryu Jujitsu Association over the Labor Day Weekend, August 31st - September 3rd 2007. The AJI is supporting the event and encourages all of its members to make plans to attend. The host hotel will be the Santa Clara Marriott near the Greater America Amusement Park. Call and make your reservations early.

The AJI will also be the host for the Karate Kata Tournament. Details will be available shortly.

In conjunction with the Ohana, the AJI will be conducting a two-day seminar on **Shingen No Maki** (*Scroll of the Original Spirit*.) There will be a separate cost involved with the class and your attendance at the Ohana will have to be extended by at least one day. The class is tentatively scheduled for

Thursday, August 30th 3:00 PM - 9:00 PM
Friday, August 31st 9:00 AM - 4:00 PM

All qualified AJI black belts members are encouraged to attend this seminar. You may never get the opportunity to attend this class again. The last class was presented in Hawaii four years ago. Extra space will be offered to non-AJI members. To see if you qualify for this class, please contact VP Daniel Saragosa at pra0005@hawaii.rr.com.

The event sponsors have promised that more information will be available shortly.

2007 Registration

Please use the new registration forms for year 2007. There has been a dues increase and it will only be reflected in the new form. If you have not received a registration packet from Professor Lee, please download the current registration for from our websites, under Membership Services.

[http:// www.americanjujitsuinstitute.org](http://www.americanjujitsuinstitute.org)

or

<http://theaji.com>

Insurance Answers

Our insurance coverage is as follows:

Accident Coverage (\$100,000.00 Benefit)

Pays the medical bills of an injured student or staff member

Who Is Covered

All youth and adult students and staff members of the Policyholder are covered while participating in sponsored activities. A member is also covered while traveling, directly and without interruption, to and from any Policyholder sponsored activity and his or her home or place of residence.

Accidental Death & Dismemberment

If a covered injury results in any of the losses specified below within one year after the date of the accident, the Company will pay the applicable amount.

- * Full Principal Sum for loss of life (\$50,000.00)
- * Full Principal Sum for double dismemberment (\$50,000.00)
- * 50% of the Principal Sum for loss of one hand, one foot or sight of one eye (\$25,000.00)
- * 25% of the Principal Sum for loss of index finger and thumb of same hand (\$12,500.00)

If the Principal sum is payable, no indemnity will be paid for dismemberment. In any event, the double dismemberment indemnity is the maximum amount payable under this Benefit for all losses resulting from one accident.

Maximum Medical Expense Benefit

If the Covered Person incurs eligible expenses as the result of a covered injury, the Company will pay the charges incurred for such expense within 52 weeks, beginning on the date of accident. Payment will be made for eligible expenses not to exceed the Maximum Medical Expense Benefit of \$100,000.00, subject to a deductible amount of \$250.00. The first such expense must be incurred within 60 days after the date of the accident.

Exclusions and Limitations

This Plan does not cover any loss to or resulting from:

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* Sickness or disease in any form, except pyogenic infections due to an accidental cut or wound.

* The use of drugs or narcotics, unless administered under the advice of a physician.

* War or any act of war, whether or not declared.

* Participation in any riot or civil commotion.

* Air travel or the use of any device or equipment for aerial navigation, except as a fare-paying

* passenger on a regularly scheduled commercial airline. Suicide or any attempt thereat or any self-inflicted injury.

Nor does the Plan cover:

* Service provided by any person or facility employed or retained by the Policyholder or member organization.

* Service provided by any member of the Insured Person's family or household.

* Dental treatment, except as the result of a covered injury.

* The repair or replacement of any artificial dental restoration.

* Expenses payable under any Workers Compensation Law or similar legislation.

* Injury sustained while riding in or on any two or three wheeled engine driven vehicle.

The Liability Coverage (\$1,000,000.00 Coverage)

Protects you in the event of a lawsuit or property damage

Who Is Covered

This program provides protection for your Martial Arts School or Studio, owners, directors, instructors and employees against claims of bodily injury liability, property damage liability and the litigation costs to defend against such claims. Coverage is provided up to \$1,000,000.00 per occurrence with a general aggregate amount of \$2,000,000.00. There is no deductible amount.

Coverage Includes Suits Arising Out Of:

- * Injury or death of participants
- * Injury or death of spectators
- * Injury or death of volunteers
- * Property damage liability
- * Host liquor liability (non-profit)
- * Incidental medical malpractice
- * All activities necessary to conduct of activities
- * Ownership use or maintenance of gyms, fields or school areas
- * General negligence claims
- * Cost of investigation and defense of claims, even if groundless

Includes coverage for all youth hosted or non-hosted tournaments at no additional charge. Additional insureds such as landlords can be added at no additional charge.

Exclusions & Ineligible Sports/Activities

Fraudulent or dishonest acts, asbestos liability, assault and battery, punitive or exemplary damages, sexual abuse and

molestation, employment related practices, professional liability, total pollution, collapse of temporary structure, fireworks and pyrotechnics, nuclear energy liability, use of saunas, sale/manufacturing/distribution of any athletic equipment and liability for occurrences prior to the effective date of coverage. All of the above are subject to the terms and conditions of the policy.

Note: There is no liability coverage for claims arising out of any of the following activities: Gymnastics, Cheerleader Pyramiding, Trampolines or Inflatable Devices, Waterslides, White Water Rafting, Scuba Diving, Bungee Jumping, Rock Climbing, Repelling, Bicycle Tours, Ballooning, Parachuting, Rodeo, Motorsports or any other Saddle Animal Exposures.

Q & A

Q. Is every dojo listed as an additional insured, meaning that every property owner is covered for liability purposes.

A. **No.** If your landlord or property owner requires you to provide general liability coverage for them, you will have to obtain that insurance on your own. The AJI can guide you on where to obtain this coverage at a minimum of \$450.00 per year, depending on the number of students you have.

Q. Is every student required to have a primary care provider?

A. **No.** Beginning June 6, 2006 this is no longer a requirement. Prior to June 6, 2006, it was a requirement as the plan covered in excess of your primary care provider paid.

Q. Must each member sign a waiver of liability.

A. **Yes.** The insurance requires the standard practice having each member sign a waiver of liability. This waiver is included on every AJI application form.

Upcoming Events:

Bojutsu Class
February 3rd, 2007
Rocklin Ca.
Contact: Ken Eddy
mizumagic@aol.com
Jason Spencer
spencer8@sbcglobal.net

East Coast Clinics
February 24th, 2007 - Church Falls, Va.
Contact: Daniel W. Saragosa
pra0005@hawaii.rr.com
Chuckl Frizzelle
frizzelle04@yahoo.com

Upcoming: Fusegijitsu, Keisatsu Gijitsu, Kiai no Maki, Shingen No Maki.

American Jujitsu Institute

Honolulu, Hi

Since 1939

Multi-Purpose Registration Form

Date: _____

Information Type: New Renewal Changes Promotion (Circle One)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: (____) _____

Birthdate: ____/____/____ Sex: _____ *email address:* _____

Your School/Dojo Name : _____

Your Current Instructor : _____ (Enter "NONE" if none)

Your Current Rank : _____ Belt Color: _____ Date Promoted: ____/____/____

Dues & Fees:

Yearly Dues

All Kyu Ranks \$ 25.00_____
Black Belts \$ 40.00_____
Chief Instructors \$ 50.00_____
Dojo Registration \$ 50.00_____

Diploma Fees

All Kyu Ranks \$ 5.00_____
Black Belts 1 thru 5 \$ 30.00_____
Black Belts 6 thru 10 \$ 50.00_____

Please place a check mark next to all items which apply to you. Total Amount \$ _____

Waiver of Liability

I certify that I am medically and physically able to participate in this activity. I have been made aware of the potential hazards involved in jujitsu, karate and other self defense training and competition. Knowing the potential hazards involved and in consideration of my application being accepted, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, waive, release and discharge the American Jujitsu Institute, it's instructors, the City and County of Honolulu, the State of Hawaii and anyone acting on their behalf, from any and all claims of liability for personal injury or death arising out of, or in the course of participating in this activity. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

Your Signature: _____ Date: ____/____/____

Parental Consent if Under 18 : _____

Print Parent's Name: _____

Mail to: **AJI** c/o Daniel Saragosa 1779 Koikoi St. Wahiawa, Hi 96786