



Ka Leo O Kodenkan

American Jujitsu Institute

Since 1939

Volume 2015

“Un Mau Ke Ea O Ka Aina I Ka Pono”

Issue 3



This year’s version of Camp Kokua was a throw-back to the early days when the event was actually held at campgrounds. This year’s event was held in the mountains of Portola, Ca., about 50 minutes north west of Reno, Nv. It was hosted on a beautiful out-door’s setting of property owned by our hosts, Ken and Karen Eddy of Mizu Shin Tao.

Besides first-rate clinics, participants were treated true wilderness conditions with sightings of bears, deer and other wild life. The main training area bordered a beautiful running stream with several camp sights close by. Participants from as far away as England, saved on expenses by actually camping out on the property, next to the training mats.

Everyone was treated not only to a daily breakfast, but also lunch. The meals were delicious and prepared by Karen Eddy and Ken’s brother Dave. Everyone raved about the food and accommodations. Even a special horseshoe pit was built to accommodate the AJI’s An-

nual Horseshoe Tournament. The layout was fantastic and was enjoyed by all.

The event culminated in an awards dinner held on the hillside above the main cabin. There was enough seating for everyone and the dinner was fantastic.



All in all, a fantastic job, well done. Kudos to Prof. Ken Eddy and his entire staff.



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Thoughts on Camp Kokua 2015

By Sean Moro,
Wahiawa Kodenkan

The 2015 Camp Kokua was a success, promoting Diversity, Humility, Harmony and of course fun. I set out on my journey to Camp Kokua with a personal goal in mind. I wanted to be a sponge. I wanted to soak up as much teachings as I could.

Being away from my club for so many years I feel my ties to the art and the organization had become frayed. I sought to reinforce my connection and felt Camp Kokua was the best place to do so.

The diversity of this year's teachers and their teachings were paramount. Diversity can be off-putting for some since it usually means embracing the unknown. Embracing the unknown at camp, I able to open myself up like a blank page and absorb what was presented to me. In one case, a class I participated in - was asking me to move my body in ways that I normally wouldn't in Kodenkan, or in Koshoryu. But the movements I learned proved to be beneficial in expanding my abilities. It is a great treat to martial artist to be able to go a camp where one can expect the unexpected and do so in an environment that promotes harmony.

That harmony is valuable element in Camp Kokua and was ever so present this year. The surroundings of the training site were outstanding. Engulfed by trees and neighboring a running river, I felt one was allowed to find calmness and serenity with an added energy that found its way onto the mats. Make no mistake about it, the harmony was all around us - between student and teacher, student and student.....Such camaraderie allows for better teaching and learning experiences. With so many martial artists with differing years of experience, it was quite humbling for me to see one so fluidly switch from teacher to student.

If I could summarize, in one word, the simplicity of Camp Kokua's message it would be "Humility." Only by shedding our rank and accomplishments to learn something new or to see something familiar in a different light, can we become the sponge we always need to be in order to keep the art growing and prospering. Camp Kokua is a wonderful outlet for this and

this year, everywhere you turned, you could see it. In a couple of classes

I was told I could shed my Gi as we wouldn't need it. While this may have been for comfort due to the heat, it exemplified an interesting concept to me. No rank, no patches, just stripped down to who I am and now it was time to learn. Sometimes I feel we can all become caught up in what we have achieved, what we want to achieve and who we want everyone to know us as. Being in a gym or at a tournament it is difficult to shed those feelings. But at Camp Kokua this year it felt easier to do so. Even when it rained there was something exceptionally soothing and cleansing about it. And I can't wait to do it again. When leaving Camp Kokua I sensed that my world opened up and it was because I did not allow who I am to confine where I could go.

Make no mistake about it, I came here to learn and I did. But, I also had the utmost fun. The other events around the Camp - such as the Horse Shoe Tournament - was such a great idea as it brought an avenue for everyone to step away from the tasks of the day. It's a form of decompression. The Camp was fun and I know that putting it on was no easy task. This year's team did a great job in always keeping the mood jovial...even during those "five-minute" rain pours.

This Camp hit on all cylinders. It educated, it entertained and it brought familiar and new faces together. The location was outstanding and the instructors were top notch.

As an observer I was very impressed and as a student I felt nurtured. I did not feel vulnerable in humbling myself. I didn't attend classes to show how good I was, but I rather to amplify my faults and shortcomings so I could become a better person. Just like a muscle that is broken down during workouts, it can be regrown and become stronger. We must never be afraid to break ourselves down. The ideal place to do so is at a harmonious and welcoming event such as this year's Camp Kokua.

Sean Moro
Godan
Wahiawa Kodenkan



Jerome Tarutani

December 23, 1919—April 5, 2015

Charter member of the American Jujitsu Institute.

He was one of the signers of the AJI Charter.

柔術 It's All In The Romanization

By Professor Kai Li



A good friend asked me this morning:

"So which is it really: 'Jiu-Jitsu', 'Jujitsu', or 'Jūjutsu'?"

Excellent question.

It is all in the Romanization.

In the 1800's the English used "Jiu-jitsu" and it was the popular spelling that everyone adopted. It appeared in newspapers, exhibition posters, and early books on the subject.

After WWI, American scholars in Japan felt "Jujitsu" was a more accurate Romanization for the Kanji 柔術 and popularized it. That shift can be seen in various publications of the day.

After WWII the Japanese themselves felt that the Hepburn Romanization system (ironically developed back in 1885) was the more accurate in the conversion

of Japanese to English sounds, hence "Jūjutsu".

Other variants such as "Ju-Jitsu" & "Ju-Jutsu" (with hyphens) are used in France/Canada & in China/Asia respectively.

They are all the same thing though, attempts to express the kanji 柔術 in English!

No matter how you spell it in English, the kanji remains the same and translates "jūjutsu" as "the gentle art".

If you really want to have fun with it the first character 柔, "jū", can be translated as "gentle", "soft", "yielding", "flexible", "adaptable", "pliable", & "supple". The second character 術, jutsu", can be translated as "art", "method", & "technique".

So with a little creativity we can see how this "adaptable method" has changed with the times, culture, people and environment to find a unique home in far away lands from the art Professor Henry Okazaki developed in Hawaii to the art Carlos & Helio Gracie developed in Brazil.

The influence of jūjutsu through Judo founder Dr Jigoro Kano on the rest of the world cannot be understated.

Professor Kano developed Judo as a way for practitioners of various jūjutsu systems to come together to practice safely with resistant opponents.

Shotokan Karate founder Ginchin Funakoshi & Aikido founder Morihei Ueshiba both adopted Professor Jigoro Kano's Kyu-Dan ranking system. Martial arts in Korea and around the world followed their lead. Today Kendo, Kenpo/Kempo, Kajukenbo, TaeKwonDo, Hapkido, and many other systems have adopted Dr Kano's system. Even Krav Maga founder Imi Liechtenfeld can be seen wearing Judo Gi (uniforms) and obi (belts) while teaching his classes in Israel.

If you want to have even more fun, you will note that

in English we read left to right horizontally as where Japanese is traditionally read right to left in vertical rows. Also, the kanji for the word "jūjutsu" and "yawara" can sometimes be written in exactly the same way.

"Yawara" can be written simply as 柔 or as 柔術 in Kanji. Sometimes both characters were used for the presentation of the boards. In any case, we have yet another opportunity to discover more about our history and the cultural context behind it.

To answer my friends question, technically “Jūjutsu” is currently the most correct. All, however are merely expressions of the same characters, 柔術 in Kanji.

Although not the common translation, I kind of like to use “Adaptable Method” as my personal expression of Jūjutsu (柔術) For me this expresses all that the art has been, is now, and has the potential to become.

In my personal experience, Kodokan Danzan Ryu Jujitsu, Kodokan Judo, Aikido, Gracie/Brazilian Jiu-Jitsu, Russian Sambo, Korean Hapkido Freestyle Wrestling, Kenpo/Kempo, Kajukenbo, Kali, Arnis, Eskrima, Silat, Jun Fan Jeet Kune Do, Kickboxing, Krav Maga, Systema, and several other martial arts or combatives systems were all “Adaptable Methods” designed to help its practitioners prevail over adverse circumstances. They all changed over time and within the cultural context depending on where and when they were practiced as well as by who was practicing them.

To carefully study the work of Charles Darwin is to see “survival of the fittest” as a form of “Survival Jūjutsu”. Darwin did not mean to say that the one man who was in the best physical shape was the survivor. He meant the group that worked together to make better decisions. Efficient use of energy, resources, and combined skills and the wisdom to seek shelter, make fire, and seek shelter were far more important than just being individually strong or fast. Early human beings needed to find a way to work efficiently together. Long before the kanji 柔術 existed, they needed Jūjutsu.



One Man's Opinion

By Prof. Carlos Gallegos

As Prof. Kevin Dalrymple and I began our journey to the 2015 Camp Kokua on Friday, July 31st at 4:00 AM, we referred to our GPS units to find out where the City of Portola was located. Our GPSs replied, "Hell if I know". We had an idea that it was out there, somewhere near Reno. That was enough for us and we took off. After nine, or more hours of driving, we decided to confirm our suspicion and ask someone on the street if we were close to Portola. The response we got, "Keep going north".

Once we got to Portola we had to find Grizzly Road. That old Grizzly dirt road is something scary. But lo and behold, in complete contrast to the road and its surroundings, a beautiful house lay ahead of us. But that wasn't our destination! Prof. Dalrymple said maybe we have to go deeper in to the woods. So on we went down this grizzly old road. Much to our delight, our destination was a beautiful place just like a woodland cabin painting, complete with a warm and heartfelt greeting from Tammy Odell, a student of Prof. Ken Eddy.

We knew that this was to be the start of a new adventure, with our old friends and friends to be. This Camp Kokua was completely and delightfully different from previous ones. Our hosts, Prof. Ken Eddy and his beautiful wife Karen along with the great chef David Eddy, all did an outstanding job. They were gracious hosts and took on their duties with grace. It was a lot of hard work to make Camp Kokua the success it was. The volunteers made sure we had all we needed. The clinics were outstanding and the instructors did a great job. The monogram shirts, Koyaku-Atsuy ointment, and Dragon's blood gifts from Prof. Ken Eddy were very generous.

Also, during the closing ceremony, Prof. Zane Graham, his beautiful wife Deb, Prof. S. Luke, and Prof. D. Saragosa showered us with gifts and made sure that no one left empty-handed. This was the real spirit of Kokua.



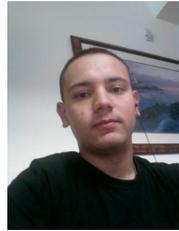
Prof. Dalrymple and I wish to thank our 2015 Camp Kokua hosts and volunteers for such a memorable event.

Aloha!

New AJI Life members



Mindy DeCastro
Nidan
Wahiawa Kodenkan



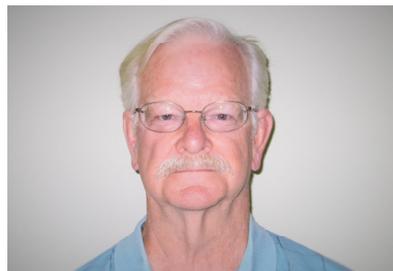
Johnathon Cansibog
Yondan
Waianae Jujitsu Dojo



Richard Stockton
Rokudan
Elite Training
Systems



Cindy DeCastro
Wahiawa Kodenkan



John Doyle
Nidan
Kaishin Kai La Conner

Recent Promotions and Awards

Prof. Ken Eddy	Mizu Shin Tao	Doctorate - Danzan Ryu Jujitsu
Prof. Robert McKean	Pacific Jujitsu Alliance	Doctor ate—Danzan Ryu Jujitsu
Prof. Melvin Cansibog	Waianae Jujitsu Dojo	Kudan
Prof. Andrew Manwaring	Red Rose Bushido(England)	Hachidan
Prof. Carlos Gallegos	Kaito Gakko	Hachidan
Prof. Ron Jennings	Kaishin Kai	Hachidan
Assoc. Prof. Tom Rennie	Mizu Shin Tao	Shichidan
Assoc. Prof. Jason Spencer	KoRyuKan	Shichidan
Prof. Stephen Nicholls	British Kodenkan	Shichidan
Sensei Sue Jennings	Kaishin Kai	Rokudan
Sensei Richard Stockton	Elite Training Systems	Rokudan
Sensei Eugene Montegue Jr.	Kumite Ryu	Godan
Sensei David Kahn	Desert Valley Combative	Yondan
Sensei Jake Pigue	House of Kodenkan	Sandan
Sensei Robert Seely	House of Kodenkan	Sandan
Sensei Merrill Britton Pauls	West Texas Kodenkan Jujitsu	Nidan
Sensei Anthony Dowdell	Elite Training Systems	Nidan
Carlos Canales Saenz	Dojo Danzan Ryu Costa Rica	Shodan
John Goertz	Kaishin Kai	San Kyu



Most recent Brown Belt at Kaishin Kai.

John Goertz receives his Brown Belt surrounded by Instructor Chris Eller, along with Sensei Sue and Prof. Ron Jennings.

Photo submitted by Prof. Ron Jennings

Decisions and Consequences

By: Prof. G. Larry Hartsook

The 9-11 attack on America, to study for a test, to quit a job, relationship, marriage or pursue another job, and to begin martial arts training; all are decisions and all have consequences.

Most people make the majority of their decisions based on the situation they are currently facing. It is very rare that people choose to make decisions based with creating the consequences they are willing to accept. I believe if more people consistently made decisions based on potential consequences they would make more productive decisions. One should always consider the situation or consequence **PRIOR** to making a decision. But, we are a “feel good” society and we make the majority of our decisions on “how good they make us feel at the moment”, do you think this is a good way to make our decisions? I think NOT! Do you consider the positives and negatives **PRIOR** to your decision?

The majority of us **DO NOT consider the consequences**, we simply make what “**WE FEEL**” is a rational decision at the moment. Take a moment to reflect on the decisions of others and the impact it has on our lives. Take a moment to reflect on the decisions **YOU** make and how it impacts on the lives of others. Every decision has expected and/or unintended consequences. The 9-11 attack on America contained expected, unexpected and unintended consequences. The decision to quit a job, relationship, marriage, or to select to participate in martial arts training has expected and unintended consequences. These consequences **ARE NOT** all POSITIVE! Many consequences are NEGATIVE and irreversible. Unfortunately, we usually only consider the direct and current consequences, never looking to the future long term affects.

The problem is that when people are faced with a situation they make decisions. Decisions **ALWAYS** have consequences. The consequences then become the new situation. People in any situation typically base their decisions on one of two things, the situation they currently face or the consequences they desire. I suppose everyone is thinking, what does this have to do with martial arts? Your decision to begin martial arts training results in numerous positive and negative consequences. Your decision will have expected and unintended consequences on yourself, family, friends, and work. In the positive aspect you will receive support and accomplish possibly a lifelong desire or goal. Addressing the negative aspects your family may or may not have the quality time accustomed; you may slack off at times from work and your physical well-being may be negatively impacted. The decision to attain a black belt builds character and provides self-confidence, self-esteem, and self-discipline. These are positive by-products of your decision. We like to think that we always make logical and rational decisions, independent of the physical, emotional, psychological and spiritual state in which we find ourselves. This is **NEVER** true. We always consider the different aspects of the problem and depending upon their importance at the time. This process complicates learning from our decisions as the outcome changes with each decision. The point is that there are many obstacles in our path when making decisions and we have learned many ways to help prejudice our decisions. Remember if you open your mind, body, and spirit you will accomplish things you never imagined. What we must **ALL** remember is that **ALL** decisions have consequences!

Larry is Chief Instructor at Eagle Karate Systems. He is a member of the United States Martial Arts Hall of Fame. Larry has been awarded high rankings in Bujinkan Budo Taijutsu, Danzan Ryu Jujitsu, US Tai Karate, Hapkido, Taekwondo, and San Ryu Do. For more information go to www.EagleKarate.com and www.GISS911.com



Eagle Kodenkan Jujitsu

Chris Hartsook receiving his AJI Rank Certificate of 1st Degree Black Belt in September 7, 2014 in Madisonville, Tennessee

Eagle Kodenkan Jujitsu

AJI Rank Certificates of JR Henderson receiving 4th Degree Black Belt; Kristie G. Lucius receiving 3rd Degree Black Belt; Jeff Kolm receiving 1st Degree Black Belt, and Melanie Stankovich receiving 1st Degree Black Belt on April 29, 2015 in McDonough, Georgia



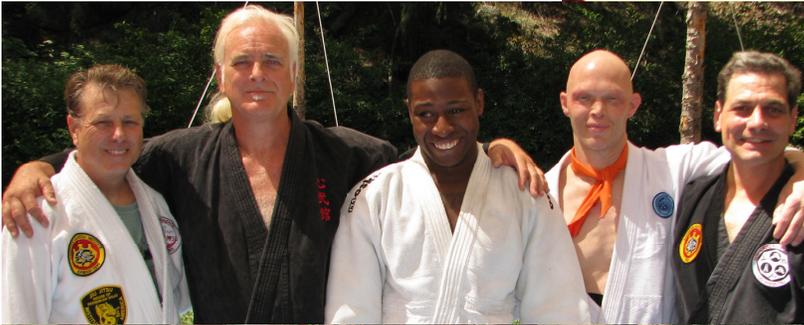
**Dojo Danzan Ryu—
Costa Rica**

Promotions held on June 19, 2015 at the Costa Rican Dojo.

Chief Instructor Luis Soto-Duran



Camp Kokua Candid





AJI Presents

2015 Seifukujutsu Class

Covers all 52 Seifukujutsu Techniques and Kappo.

When : November 3-7, 2015

Where: Kailua, Hawaii—St. John Vianney's Church—Kailua Dojo

Cost: \$300.00 per student, or

\$400.00 (Will include the AJI's Complete Seifukujutsu DVD set with Workbook—Normal cost is \$150.00—supply is limited.)

Includes all sessions, daily lunch snack and refreshments and session ending dinner/get together. All participants will receive a certificate of completion for the course. Participants should be familiar with basic massage or Anma.

Registration via mail, or online at:

<http://americanjujitsuinstitute.org>

Schedule:

9:00 AM to 4:00 PM Daily

November 3rd Tuesday

Final Day of Registration

November 4th Wednesday

Introduction—History—Seifukujutsu Techniques

November 5th Thursday

Continue

November 6th Friday

Conclusion

Our final dinner get-together will take place either Friday after class or Saturday afternoon. Location is to be announced.

Your fees covers daily luncheon snacks and Final Dinner Get-Together.

American Jujitsu Institute

Seifukujutsu Class – Registration Form

Name: _____

Address: _____

Phone: _____ Affiliation: AJI or

(Circle AJI or write in you affiliation)

Dojo: _____ Rank: _____

COST: (Check One)

_____ \$300.00

_____ \$400.00 – Includes our Complete Course 3 DVD Set with
Workbook.

Dates: **Nov. 3rd, 2015** **Registration Only**
 Nov. 4-6, 2015 **9:00AM to 4:00 PM Daily**
 Nov. 7th, 2015 **Dinner Get-Together (If not held on Nov. 6th.)**

Location:

St. John Vianney Church
Kailua DOJO
940 Keolu Dr
Kailua, HI 96734

Waiver of Liability

I certify that I am medically and physically able to participate in this activity. I have been made aware of the potential hazards involved in self-defense, massage and all self defense training and competition. Knowing the potential hazards involved and in consideration of my application being accepted, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, waive, release and discharge the American Jujitsu Institute, it's instructors, the City and County of Honolulu, the State of Hawaii. St. John Vianney's and anyone acting on their behalf, from any and all claims of liability for personal injury or death arising out of, or in the course of participating in this activity. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

Your Signature: _____ Date: ____/____/____

Electronic Signatures Accepted!

Amount Submitted: _____

Mail to: **AJI**
 c/o Daniel Saragosa
 1779 Koikoi St.
 Wahiawa, Hi 96786

Contact Number : (808) 224-1142