



Ka Leo O Kodenkan

AMERICAN JUJITSU INSTITUTE

Since 1939

“Ua Mau Ke Ea O Ka Aina I Ka Pono”

Volume 2011 - 01

Not Enough Time

Regrets - Not Necessarily A Bad Thing

In the world of martial arts, learning can be an overwhelming experience. The learning experience never ceases. Everywhere you turn, every event you attend, every class you visit there is something to be learned.

I look back to my Shodan promotion in 1970. It was indeed a proud moment for me. I had a feeling of accomplishment and a keen sense of knowing just how much I had learned. I had completed my first task within the dojo and was now ready to pass on my knowledge, to explore, to expand and to integrate.

As I opened the door to the real world, I was soon overcome by what little I knew, that my knowledge base was so limited. While I had earned my rank in Koshoryu Kenpo, I was also practicing Judo and Jujitsu. My judo was fair at best and I really enjoyed jujitsu. Ne waza was eagerly practiced and it paid off later when I took first place in a Judo contest.

Later, my “arsenal” of techniques included the required waza, kata, requisite kumite, Danzan Ryu Boards, grappling, boxing and myriad other arts. Yet, the desire to learn more, never stopped.

As the years passed, I used every opportunity to gain more knowledge and more techniques from martial artists of every flavor. I regret that there simply is not enough time to master everything I hoped for. There is simply too much. In truth, trying to master one art is hard enough.

Whenever I visit a school, or attend a clinic, I am

often impressed with the instructor’s view on how techniques are done. I find at times that even a minute distinction in some maneuver, sets off a light in my head, “Oh, wow, now I see, I can use this to improve my own technique.”

I recently attended a Yawara class by a Professor of Danzan Ryu and came away with a new found outlook on various techniques. It seemed that yet again, there was something that I could incorporate into my teaching. I could not wait to take portions back to my students.

I regret that I will never have enough time to learn Escrima, Tae Kwon Do, Tai Chi, Pencak Silat, Pancrase, Aikido, Kung Fu, Kendo, Sword Fighting and so many others. It would be fantastic to have some knowledge in many disciplines but, alas, the task, as I grow older, is insurmountable.

I am optimistic though, because martial arts offers one the opportunity of continuous learning. One has the chance to learn every day of his life. I never watch and think, or believe that my way is the best way, or the only way. I have seen the same art practiced in many different ways at different schools and am intrigued at the variations in style and technique.

I was taught that one comes to class with a “glass” half empty. In that way, one can have it filled by the teacher. Never be satisfied with what you already know, for there is always someone out there you can learn from.

Daniel W. Saragosa VP-AJI



President's Message

Prof. Samuel C. Luke

Dear Members,

The AJI hosted its annual officers retreat January 21-22,, 2011. Prior to the meeting, we sought comments and suggestions from you, our members. We are happy to acknowledge that your input was put up for consideration and we thank you all for your input. We also discussed activities of the past year and what we could do to improve our organization. Many items discussed are rather confidential but I promise you our approach is very positive for the betterment of your Institute.

We do keep minutes and share them with AJI leaders to help foster understanding and help to unify our efforts.

Due to schedule conflicts among the officers we have not had a Board meeting yet this year but one will be held within a few days.

Do know the AJI is committed to honor our founder's wishes as exemplified in the Esoteric Principles. We wish all DZR followers would do the same. Humility, honor, integrity and respect is expected from everyone's best efforts. The Arts are only the means by which we reach our goal of being good human beings. Remember that Professor Okazaki first took up martial arts to gain better health. His health was first, the arts was the means to improved health. His life was dedicated to building a better community and country and we are intent on following in his footsteps.

As always, I invite your input to help AJI grow in fulfillment of our founders wishes.

Aloha,

Prof. Sam Luke

American Jujitsu Institute Officers and Directors

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Reminder:

Camp Kokua 2011

September 30 - October 22nd

Carson City Nevada

<http://www.campkokua.com>

Phoenix Visits Little Rock

By: Professor Glenn Medici, Kodenkan of Phoenix

Marlene, Sensei, and I recently had the opportunity to share Prof. Gary Jones's birthday in Little Rock, Arkansas. Prof. Jones met us at the airport and drove us immediately to his clinic to show us his marvelous Healing Center. Since I had a painful foot condition at the time, Prof. Jones kindly gave us a personal demonstration; working on me for 45 minutes. He generously included treatment suggestions for me to follow, to continue the healing.

After our stay at Prof. Jones' clinic, he took us on a Little Rock sightseeing tour. We especially enjoyed seeing the downtown- and river-areas. Later that evening, we had a great dinner with his lovely wife Gwen. We talked much story into the late evening.

The next morning, we headed off to the dojo. Here, we had the opportunity to attend and participate in their training. We were impressed to witness the dedication and expertise of their members. It was very rewarding to observe another group of skilled yudanshas from another Danzan family who had very similar attitudes both on and off the mat. It was also interesting to observe the specific techniques that were demonstrated, as I was never exposed to techniques from the "Beach Ohana" lineage. Even though the techniques were different at times, it was gratifying to see that the fundamental principles always remained the same. I liked the variations that we were given and the opportunity to observe.



Prof. Gary Jones is shown performing a technique on a student while the Medicis watch.

Prof. Jones is a wealth of information regarding the arts, both martial and healing. I encourage each of you to make it a point to catch his classes at future events. Be ready to learn solid hands-on training that **works** not only to relieve pain, but also to heal the underlying condition that causes the pain.



Prof. Gary Jones, Prof. Glenn Medici and Sensei Marlene Medici are shown at Prof. Jones Dojo.

Later that evening, we attended a very nice birthday party for Prof. Jones. Gwen (Prof. Jones's wife) outdid herself! It was held at their home and attended by many friends and students. As the highlight of the evening, Prof. Jones offered to slice the birthday cake with his katana!

I was very honored to be allowed to share our sake tradition with Prof. Jones' students and friends. The tradition is to toast our many predecessors in the arts with every sip of sake we drink. It was an enjoyable evening to share the birthday of my friend, Prof. Gary Jones.

The next morning, we headed out ... thankfully, just before the snow-storm! Upon my return to Phoenix, I've continued to do the techniques that Prof. Jones had demonstrated on my foot/leg in his clinic in Little Rock and the pain has now subsided. It has subsided to the extent that I am back to my daily 2-mile walks WITHOUT pain!



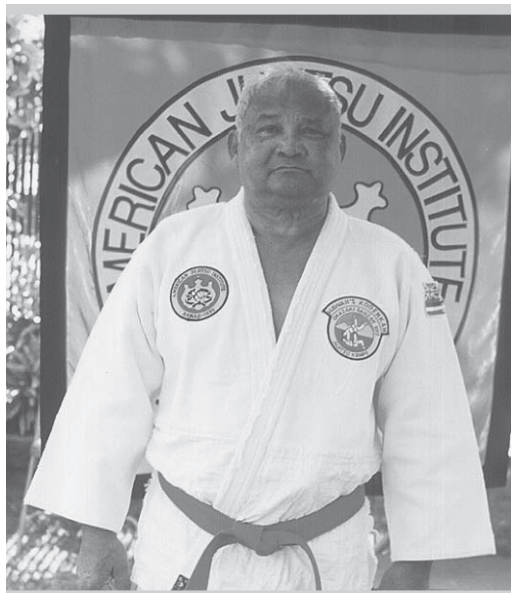
Prof. Gary Jones

The History of the Waianae Jujitsu Dojo

By: Prof. Melvin B. Cansibog

At the age of 13 while growing up in Waianae, I literally grew up fighting with brothers and neighborhood kids. You had to learn very quickly how to defend yourself or be fast on your feet and hide. A lot of kids would get involved in Karate or Boxing which was easy to find in a class nearby if your parents had a little extra to spend for the lessons.

Watching films like *Enter the Dragon* or *Fists of Fury*, really got my interest, but no Kung Fu classes were held in Waianae. In 1973 while in Waianae Intermediate School, I learned of a Judo Class being taught after school hours and it was free. Ahah! Something I could afford, and nearby. Well I had no clue as to what Judo was so I kept an open mind and decided to try it out.



Prof. Francisco Limbago founded the first Kodenkan Club in Waianae. He later served as President of the AJI and was awarded his Judan.

The Instructor was a brown belt at that time and my math teacher to boot. Louis Turbeville was a man who weighed about 320 lbs. and was a 6 ft 2 in. Hauoli Man. I'm not sure why I stayed but I decided to give it a try for couple of weeks to see what Judo was all about. The following week Mr. Turbeville introduced a shorter man who was about 5 ft. 3 in. in height and about 180 lbs. He was local boy in Waianae, but it was what he could do that just amazed me. His name was Francisco Limbago, a 3rd Degree Belt that wanted to show us Kodenkan Jujitsu. He stepped on the mat and started with his perfect rolls and falls, followed by some gymnastics followed by some throwing techniques using Louis Turbeville as his uke. Sensei Limbago picked him up with ease; I never knew a big man could be thrown so far and so easily. When he was done, I said to myself, "This is the martial art in which I was looking to learn all that I could."

Sensei Limbago little by little got a bigger class and so we became known as the "Pokai Bay Judo Club. Later we moved to the Waianae High School Gym, up on the second floor in 1975. By this time I had achieved my brown belt in Kodenkan. Jujitsu came easy for me to learn and Sensei Limbago was having me teach the class on the nights that he could not be there on time. One evening after practice Sensei Limbago had called all of his Black Belts together and I was included. He had had a heated AJI Board meeting in which he did not want to say all that was said, but he asked his Black Belts and I at that time, if he was to pull out of the AJI, would

we follow him. All of us said with no hesitation, "YES." Then he confided to us that he asked to promote me to my Shodan, even though I was not 16 years old yet. The AJI Board wanted to test me before Sensei Limbago promoted me. Sensei Limbago had other plans in mind. We had a big event coming up where we were to host a Club from Canada, put on a demonstration and afterwards there was a dinner party with Hula Dancers at a nearby beach park, with some of us being the Hula Dancers as well and the entertainment. Sensei Limbago knew that most of the AJI Board members who wanted to test me were going to be at this demonstration for the Canadian Club, so he waited until we put on our demonstration. After the demonstration was done, Sensei pulled me aside and one by one introduced me to the AJI Board members, and one by one they gave Sensei Limbago the okay to promote me to Shodan (Jr.).

Later that year we moved to what was known as the Lions Club, across from Piilaa District Park. This building was old, run down, and termite infested, but we called it home for a year or two. When the rains came we would fight to work out where the dry spots were, and the old straw (tatami) mats made us really learn how to fall properly. Sensei Limbago did not like it, but that was all that we had at that time.

1977 was the year Sensei Limbago had plans for our Dojo and for me as well, being his first black belt student. Sensei Limbago would pick me up at my home in Maili and would take me along with him to AJI meetings. On one special occasion the AJI meeting was held in Kailua, at the home of Prof. Antone Gonzales. After the meeting was over Sensei Limbago (Cisco) and Tony talked a bit. Then Tony got up and went to the closet, and he pulled out his four basic (Kodenkan Jujitsu) boards and gave them to Sensei Limbago. He said he was retired now and had hoped that we would have use for them. I was not aware at the time that they had any significant value. The boards were old and battered but we could have a lot of use for them. It was also that year when Sensei Limbago had already arranged for a room for us to work out in at the newly built Waianae District Park Gym. He had somehow also

arranged for a donation from the Army, who had donated new mats for our Dojo. Shortly after moving in to our new home in the Waianae Gym on the second floor, the Pokai Judo Club was in full force with at least seven black belts and a membership which grew to 78 members strong along with the boards from Prof. Gonzales. Our dojo was the largest at that time.

1978 was the year that I had plans of my own. After my graduation from Waianae High School, I entered into the United States Air Force and traveled halfway around the world, yet all the while missing the dojo. I kept in touch from time to time over the next fourteen years with Sensei Limbago, who had advanced as well in the AJI and had received his Professorship while I was gone.

In July 1992 I packed my bags, my three young kids Ben, Stephanie, and Johnathon after I had made the decision to get out of the Air Force and start a new life as a single parent at home in Waianae. Shortly after getting home I contacted Prof. Limbago and met with him at the Waianae Army Rest Camp. He had become the manager there and we met over a beer and talked for a while. He told me that he was going to re-open the Dojo in Waianae and asked if I was interested in helping him. Of course I said yes and so I first started with him in August of that year. We had about nine of us in the class and classes were again on Tuesdays and Thursdays for two hours each night. Prof. Limbago would come regularly at first but he knew I was there for him if he was sick. In October Prof. Limbago came to class one night, pulled me over to the side and told me he was getting sick a lot. I told him I got it covered, so it's no problem. I did not see what was to happen next when he said, "Mel you got it," (meaning the dojo). I believe my mouth was wide open and I was in shock for a couple of seconds, but then I told him, "Yes, Professor." I took it as a sign that he had had this planned for years and he was just waiting for me to get back.



In 1992 Prof. Melvin (Mel) Cansibog took over the club from Prof. Francisco Limbago and renamed it Waianae Jujitsu Club.

Now with a dojo to run I had to make it feel like it was mine to run. So I gave our club a new name, the Waianae Jujitsu Dojo. I opened up a checking account in the club's name and since I had my three young kids that I needed to raise on my own, and I knew full well what Waianae was like to grow up in, I forced my three children, ages 11, 9, and 6 into Jujitsu classes. This way I could at least watch them grow. It was a new name but it was not enough; I watched the kids come and go and most gave up before they even figured out what they were doing wrong. I decided to come up with a new logo to go on our new club patch.

We used just two words to get our students into the right frame of mind with a classroom rule. The two words were simply, "I'll try." The classroom rule is to never say "I can't, or I don't know how!"

When the students say, "I can't", or "I don't know how", they have already told themselves in their own mind that they can't do what others have learned. I, as the instructor, cannot show them how to do it. A student must want to learn how it is possible, but only if their mind is open to trying. Waianae students are not allowed to say, "I can't", or "I don't know how." They must always say those two simple words, "I'll try!"

Waianae Jujitsu Dojo has averaged 50 students each year since 1992. The economy here is low but Waianae has always been a very tough town to live in, not to mention growing up in. On average our students compete in our local Jujitsu Tournaments as well as the AJI national tournament, the "Henry Seishiro Okazaki (Ohana-Family) tournament held every two years. Tournaments can be used to bring prestige to the dojo and to the organization, but the more open minded instructors use it also as a measuring tool. It helps one gauge his or her student's abilities to see what they need to focus on so that they can improve, build self confidence and grow.

If I can help to show our Waianae students a better way of life, and if they really want a better life for themselves, they can reach for it as long as they keep trying and striving for a better life.

Waianae Jujitsu Dojo has been an active member of the American Jujitsu Institute for the past 19 years, with a history that goes back at least 37 years. I have written this article so that my own students can read how their dojo got started and how it ties into the Kodokan/Danzan Ryu history. It's good to know your roots so you can build a future.

Professor Melvin B. Cansibog is the Chief Instructor, of the Waianae Jujitsu Dojo, Treasurer for the American Jujitsu Institute, a Hachidan, (8th Degree Black Belt), and proud to call Waianae, Hawaii home.



Left -- Students of Sensei Chris Eller's KaishinKai Seattle University satellite dojo share a light moment following testing. Right -- Claire Baladou puts a constrictor hold on Luke Gentry during her test.

PACIFIC NORTHWEST HAPPENINGS

By: Sensei Sue Jennings

Regional Clinic Held in Olympia

Olympia, Washington was the site of the February 5th Jujitsu Clinic sponsored by KaishinKai Dojo where around 30 martial artists met to share, practice and learn jujitsu. Attendees and instructors travelled from as far south as Salem, Oregon and as far north as Seattle, Washington to attend the four hour clinic.

Instructors featured were: Sensei Tim Ames (KaishinKai Dojo) who warmed up the group with a vigorous set of uchi komi drills. Following Sensei Sue Jennings (lead instructor at KaishinKai Dojo who facilitated the event) showed the progression of one art, seoi nage, through the five ways an art is practiced at KaishinKai. This was demonstrated by first showing kata of the art, next showing the art performed from competition or resistance, then escalating on to civil combat, then changing the focus to what would be an effective counter or reversal, then ending with healing the areas damaged by the technique. Sensei Chris Eller (KaishinKai at Seattle University) showed the progression of an art through nage, transitioning to other aspects of the art to make it work in all situations. Sensei Al Elfstrom and Sensei Bob Parksion (Salem Budokai) captured the attention of students with various arm bars and upper body finesse. Sensei Paul Bedard (Portland, and also our Pacific NW videographer) focused on upper body techniques. The clinic's final instructor was Prof. Ron Jennings (schoolhead of KaishinKai) who shared a myriad of finger holds and demonstrated how painful and effective yawara can be.

Following the clinic we enjoyed a local Chinese buffet and shared the camaraderie of our northwest martial artists. Thanks to all the students for the necessary mat duties before and after the clinic. Special thanks to a student that deserves mention, Steve Michels, a student of Sensei Paul Bedard. Steve assists in videotaping all the clinics and gives up his workout time in doing so.

The next Pacific Northwest Regional workout will be held in Portland, Oregon on April 30th.

Seattle University Dojo Visited

Saturday, March 12th was a special day for Sensei Chris Eller and his students at our KaishinKai satellite dojo at Seattle University. What made it notable was a visit by Prof. Ron Jennings and Sensei Sue Jennings for testing of several students, then sharing techniques afterwards with the group.

Testing resulted in: **John Goertz** promoting to Gokyu (3rd); **Luke Gentry** to Gokyu (2nd) ; and **Claire Baladou** moving to Gokyu (1st).



John Goertz throws seoi goshi on his uke, Luke Gentry during his test.

Following exams, Prof. Jennings shared some insights on yawara and their kiai, while Sensei Sue Jennings showed students a self-defense side kick called knee-shin-toe. Afterwards we ventured to a local pizza parlor to celebrate. Congratulations to all those promoted.

KaishinKai Dojo Classes Return to Home Dojo

This school year has been a time of transition and a certain amount of frustration as we must move location of our classes again for KaishinKai Dojo. I guess the lesson we're learning this year is to "go with the flow". After being unable to hold Jujitsu classes at the Evergreen State College (where we'd held classes for the past 13 years) in Olympia, due to policy and hour changes, we were forced at the last minute to start classes at another local college, South Puget Sound Community College in Lacey. While the new college was welcoming to our group, the area we were given to hold classes was a large conference room complete with many tables and chairs students had to move to allow room to practice for every class, plus we had to haul our mats in and out every class because they had no storage for them. It was less than a perfect situation for our dojo, but at least they allowed us the opportunity to try our classes at their college. So, beginning in March, KaishinKai classes are now being held at the main dojo 20 miles south of Olympia again.

Several students were recently promoted this last quarter: Gokyu (1st) – **Artem Rayskyy** and **Corey Schaeffer**; and **Eric Lewis** to Yonkyu. Eric was also named our Ohana award recipient through Jujitsu America this past year for his positive contribution to the dojo. Congratulations to these students for their continued efforts in jujitsu. Meanwhile the dojo students will now enjoy the benefits of practicing full-time in the home dojo.

Dojo Kata Review Held at KaishinKai

Over 25 hours of classes were held from March 3rd - 6th, so that KaishinKai instructors and students were able to practice what dojo kata for each art is supposed to be. With our instructors teaching at various locations this is important to retain consistency among our group and pass along the concepts of Danzan Ryu Jujitsu in the same fashion throughout all our schools. We have our home dojo near Centralia, Washington, ran by Prof. Ron Jennings; a satellite school at Seattle University in Seattle, Washington taught by Sensei Chris Eller; another satellite school in Bonney Lake taught by Sensei Joe Lentz; a satellite school in North Portland, Oregon taught by Sensei Ryan McDaniel, and until recently the main satellite school in Olympia taught by Sensei Sue Jennings; as well as a school in Lyman, Wyoming ran by Sensei David Woodland, who travelled the farthest to attend this event.

Not all students, depending on their rank, were allowed to practice all the arts presented, nor attend all the sessions held, but for the black belts there were classes after classes, then even more classes, beginning early and going into the night. Over 230 arts were covered and practiced during the weekend from yawara through shinyo, with fusegi jitsu and healing and massage arts covered as well.

By Sunday afternoon when we drove Dave Woodland back to the Portland Airport, it was starting to feel like our bodies and minds were ready for a break. Thanks to all the students and black belt instructors that participated. This helps reinforce concepts of our system as practiced by all KaishinKai dojos and satellite dojos and instructors.

Upon reflection, it's almost overwhelming when you realize we only covered one main concept per art, not all the many ways each art can be done.



Left Photo - Sensei Dave Woodland shows an art on Pete Barnhill. Right Photo - Prof. Ron Jennings turns the class over to Sensei Woodland with Sensei Tim Ames and Sensei Dana Totten (L to R) there to assist.



There was a good turnout for the Top of the World Invitational Tournament. The Alaska Jujitsu results are shown below.

Aloha from Alaska

By: Sensei Terry Adlawan

We have been busy since we returned home from Ohana. Sussie and I have been going on a number of Hotel tours (free lunches included) to find the best location and the best deal for hosting Camp Kokua in 2013.

We are anxiously awaiting for Professor Mel and Yvonne to come here for a site committee inspection of our favorite hotels. They arrive in Anchorage on March 1st, and they will be wined and dined by the best of the best. They even get to attend the start of the Iditarod! In fact, they will have the chance to ride on a dog sled if they aren't too scared! Pictures of these events will come in time for the next newsletter. We are hoping that by the time this newsletter is published we should have closed the deal on the hotel.

As far as our students go, they too have been busy. We just attended the Top Of The World Invitational Tournament two weeks ago. The following are the results of Alaska Jujitsu winnings.

| | | | |
|-------------------|---------------------------------|----------------|--|
| Alanna Curtis | 4 th place in Kumite | AJ Wilkheim | 3 rd place Kumite - 10-11 |
| Hanna Ziemer | 2 nd place Kumite | Jordon Ortega | 1 st place Kumite- 10 -11 |
| | 2 nd place Kata | Kathy Balablan | 1 st place Kumite - Woman's |
| Dustin Haley | 3 rd place Kumite | | 2 nd place Kata |
| | 4 th place Kata | Jacob Lawrence | 1 st place Kata - 16-17 |
| Sebastian Ferrell | 4 th place Kumite | | 1 st place Kumite - 16-17 |
| | 4 th place Kata | | 2 nd place Kata - Men's |
| Cole Moore | 3 rd place Kumite | | 1 st place Kumite - Men's |
| | 3 rd place Kata | | 3 rd place Weapons - Kata |
| Shemah Yisrael | 4 th place Kumite | | |
| | 4 th place Kata | | |

Recent Promotions Earned at Alaska Jujitsu

Not only have the student's been working hard for their competitions, they have continued to work hard towards their own progression. The following students have recently been promoted:

BROWN BELT

Krystal Griffen
Renee Gallagher
Kathy Balablan
Dana Burke



GREEN BELT

Jacob Lawrence
Mike Montgomery
Jaymin Cartwright

PURPLE BELT

Theresa Brisky

ORANGE BELT

Derick Noket

YELLOW BELT

Hannah Ziemer
Serena Powell
Fredrick Romer

Congratulations to all of the students promoted.

Keep up the good work!

Start Planning Now!
Alaska is the site for the
2013 CAMP KOKUA





Successful TaeKwonDo Tests Held at Mizu Shin Tao Dojo

By: Prof. Ken Eddy

I just wanted to share something special with all of you.

On February 5th I was honored to have one of the Aikido students of Sensei Tom Rennie take his Black Belt exam for the World Tae Kwan Do Federation at the Mizu Shin Tao Dojo. Sensei Rennie and I were invited to observe the exams.

They were very informative as well as enjoyable for the observers. Manuel Orozco (Manny), Manuel Orozco (Billy), and Monica Orozco, (all members of the AJI) all tested for different ranks and, after exhausting examinations, all three were successful.

Manny was already a Tae Kwon Do Black Belt, but not with these people. He has been training with Master Edmilson Da Silva in the World Tae Kwon Do Federation. Master Da Silva is 5th Dan and a Brazilian with the true martial art sense of esoterics and integrity. I was honored to have him visit the school. We will keep in touch and pursue our relationship further.

Master Edmilson has trained Manny for a long while and gave the responsibility for preparation for the exams of all three examinees to Sensei Gabriel Torres, a 3rd Dan in the World Tae Kwan Do Federation, and another fine young man I was honored to meet.

I would like to point out that Manny is a Black Belt in Goju Shorei, and has studied Kung Fu. He, along with Billy and Monica, also study other forms of Karate. They are avid Aikido students as well and Manny indulges in Jujitsu on occasion along with all three participating in Chi Gung at Mizu Shin Tao.

Needless to say, I was very proud of all of them.



Shown Left to Right are: Master Edmilson Da Silva, Manuel Orozco, Monica Orozco, Manuel (Billy) Orozco, and Sensei Gabriel Torres.



Shown Left to right are: Sensei Tom Rennie, Master Edmilson Da Silva, Manuel (Manny) Orozco, Sensei Gabriel Torres, and Prof. Ken Eddy.

AJI's Tarn Liu is on a Mission

Tarn Liu, and his wife, Marisa were recently back in the islands for the holidays to visit family and friends before they are off to Thailand.

Tarn is a missionary and currently working with Every Nation Ministries. Together with his wife, Marisa and 2-year old daughter, Rini, he is preparing to move his family to Bangkok, Thailand.

There he hopes he can continue to still do Kodokan Jujitsu overseas in Thailand as an outreach tool as well as perpetuating the art itself. He wanted to briefly share a little about his mission and keep in touch with all of you.

As he heads to Bangkok, he and his wife will be working with college students and young professionals providing free English classes and teaching them life application skills.

Teaching these Thai's English is a practical way to help them get better jobs that will help break the cycle of poverty in their culture, build relationships and the next generation of leaders.

Tarn says they are excited and blessed to serve in this ministry and help fulfill the Great Commission of going and making disciples of all nations. There is such a great need and opportunity to be able to reach these people with the love of God, and we believe that God has called us to live there for a season to help accomplish the Great Commission. We believe we are going to Thailand at a pivotal moment in their culture and believe that as we change one life at a time, we can eventually penetrate a culture.

During the schooling we had to prepare for this, Tarn had the privilege and opportunity to lead this year's team of his 20 classmates. We (Tarn and Marisa) graduated as "The Armor Bearers" Batch 16 of The School of World Missions on November 3, 2010.

Tarn received a special award for the best "Leadership" voted by all his classmates and teachers. He personally had the honor to share the closing remarks on behalf of students as their class president.

They thank all of you for your support and prayers.

As part of the program they are in, they were sent to Cambodia where they took a cultural tour to understand the culture and history of Cambodia. During the week they were there they built relationships with at least 80 students and shared the gospel with some of them, and connected them with the local church and English classes taught at the church. Many of the students there were impacted by a message of hope and salvation was received by a few.

All of the membership of AJI wish Tarn and Marisa safe travels, and a memorable time fulfilling their destiny.

A FRIENDLY DUES REMINDER
If you have yet to pay your AJI dues for 2011,
please do so as soon as possible.

To obtain the proper forms, please go to the AJI Website.

AMERICAN JUJITSU INSTITUTE

Presents

Ohana 2012

Ala Moana Hotel

Honolulu's Landmark Hotel
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Honolulu, Hi 96814-4722

Reservations: (808) 955-4811

Fax: (808) 944-2974

Email reservations@alamoanahotel.com

Mention the "AmericanJujitsu Institute 2012 Seminar"

Rates:

\$ 109.00 Double - Single Bed

\$ 139.00 Triple/Quad - 2 Beds

All rooms come with Mini-Fridge and Microwave
Rates available 3 days prior to and 3 days after event

Located at the outskirts of Waikiki at the World Famous Ala Moana Shopping Center. Walking distance to shops, beach park, Magic Island, Clubs and many other amenities.

Shuttle at hotel available to Waikiki and surrounding areas.
Waikiki and shops are also within walking distance.

Dates: July 6-8, 2012

Featuring Clinics and Instructions,
Jujitsu Kata Tournament, Karate
Kata Tournament, Pupu Party,
Awards Banquet, Okazaki Gravesite
Visit,- also Shopping, Nightlife,
Beaches, Luaus, Authentic Hawaiian
Shows and much more.

Website: ohana2012.americanjujitsuinstitute.org



A Word of Advice:

Do Not Anticipate What Others Will Do

By: Prof. Ron Jennings

I gave up competition Judo in the mid 70's. My knees could not take it anymore.

However, I learned and re-learned a valued lesson that I would like to share about "Knowing Your Enemy".

I am short and stocky and never really felt that I was very good at Judo throws. But if I could keep from being thrown a full point throw, I could most often recover and win based on mat work. To the best of my memory, I have only been thrown a full point throw a few times during my competition Judo career.

Oh sure I lost a lot of times, but I won a lot too. Having been a high school and college wrestler, as well as a wrestling coach in the late 60's no doubt really helped. I had to be quick with Osaekomi in those days as the referee would often stop the match with the warning that we are here to do Judo, not wrestling. This was obviously prior to the Brazilian Jujitsu craze.

In one particular Judo contest there was a lot of discussion about who our competition was. It was more of a regional event with participants from many dojos. The Air Force had a team entered as well. One dojo had a visitor from the Kodokan in Japan. He was a Judo Sandan and from what we heard he was unbeatable.

I knew that if things worked out and I had to get on the mat against him, I needed to know more about his technique. So, as the competition got started I got a chance to watch this guy in the early rounds and then again as he moved up. I watched him every time I could in an attempt to know my enemy.

He was fast, much faster than anyone I had seen to-date. He could squat (bend knees and tuck buns) and still have power. And, he had outstanding technique!

I decided that there was no way I could get ahead of him once he committed to a throw. I had to anticipate what he would do and counter when I felt him go for it. I had to get him on the ground where I might have a chance.

As it turned out we did get to compete in the finals and it was no contest at all. He got his full point Ippon almost immediately. As he began his move I knew exactly what he would do so I countered with all I had. The problem is that he did something completely different than I had expected. I almost threw myself.

I'm not sure which was worse, the embarrassment or the hurt pride. I should have lasted much longer. I had failed to 'know my enemy'. My opponent was still ahead when I found out later why he had done something different. He too was interested in who his competition might be and I was told that he had been watching me. That was totally unexpected. It was a lesson relearned from a reverse perspective.



CAMP KOKUA 2011

September 30th - October 2nd

Plaza Hotel and Conference Center, Carson City, Nevada



Hotel Information:

Plaza Hotel and Conference Center

801 S. Carson Street

Carson City, NV 89701

www.carsoncityplaza.com

For Reservations call 1-(775)883-9500 Toll free: 1-(888) 227-1499

Room Rates:

Standard Room \$ 44.00 Weekend/\$34 Weekday

Suites and Jr. Suites available at different rates. Call hotel for information

These rates will be honored for days prior to and after the event so that you could extend your stay and make it into a vacation!

Mention "Camp Kokua" to receive these rates. There are a limited number of rooms available at these rates. Make your reservations by **September 1, 2011** to guarantee a room for the event. The above room rates will be honored after September 1st, but availability is not guaranteed. Don't miss out!

Reservations must be held with a credit card
Cancellation policy: 24 hours prior to check-in.

Hotel Amenities

| | |
|--|-----------------------|
| Handicap access and rooms | Smoke free rooms |
| High-Speed Internet Access/Data ports in rooms | Concierge |
| Free Continental breakfast | Free Coffee and Tea |
| Onsite Laundry | Onsite Fitness Center |
| Transportation/Airport transfers | |

Hotel has airport shuttle service. The cost is \$25 per person with a minimum of two people. Must make arrangements with hotel if you wish to utilize this service.

Camp Kokua
Friday Evening, September 30th
Saturday October 1st
Sunday Morning October 2nd

American Jujitsu Institute



REGISTRATION FORM- ONE FORM PER PERSON!

Name: _____ Phone: () _____

Address: _____ Age: _____

City: _____ State: _____ Zip: _____

School or Organization: _____

email: _____ Instructor: _____

| Event | Cost | Amount |
|---|---------|--------|
| Child Clinic (14 yrs and under) | \$35.00 | |
| Adult Clinic | \$65.00 | |
| Banquet | \$35.00 | |
| T-Shirt ___SM ___M ___L ___XL ___2XL ___3XL | \$15.00 | |

TOTAL \$ _____

Make Checks Payable to: Kokua Alliance
 Do not send cash!

Web Site: <http://www.campkokua.com>
 email: denmark@gbis.com

Event Coordinators: Mark or Denise Ramsey (775) 885-7975.

Make Checks out to: Kokua Alliance

Mail all registrations to: Sensei Ramsey, 4110 Lepire Drive Carson City, NV 89701

Attendance space is limited, please register early

Friday Reception (complimentary)

Will Attend Won't Attend

| | |
|---|--|
| <p>Hotel Information: Plaza Hotel and Conference Center 801 So Carson St Carson City, NV 89701 Ph: (775) 883-9500 : (888) 227-1499 Room Rates: Weekend - \$44.00 Weekday - \$34.00</p> | <p>Mention the "AJI Camp Kokua Weekend" or "Camp Kokua Alliance." Make your reservations early as there is a limited number of rooms available.</p> <p>Reservations must be made and held by credit card. Cancellation must be made no later than 24 hours before the event.</p> |
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This event will be a success due to the outstanding efforts of outstanding volunteers!
 All Our clinic Instructors have donated their valuable time and experience in exchange for a meal at the Saturday night Banquet, no other fees or expenses are paid. Please give them your thanks and recognize their kind generosity.

Ka Leo O Kodenkan



American Jujitsu Institute
c/o 1779 Koikoi St.
Wahiawa, Hi 96786