



# Ka Leo O Kodenkan

AMERICAN JUJITSU INSTITUTE  
Since 1939

*“Ua Mau Ke Ea O Ka Aina I Ka Pono”*

Volume 2010 - 03



## Ohana 2010

Honoring the Past - Shaping the Future

Ohana 2010 was held this past August 20 -22nd in Anaheim, Ca. The theme for the event, “Honoring the Past, Shaping the Future”, was evident throughout the weekend as host Shoshin Ryu Yudanshakai did a tremendous job in putting on a near flawless event. We tip our hats to the organizers for a job well done.

The event started on Friday the 20th with clinics and a get-together. More clinics and a Karate Kata contest was held on Saturday. Of course, the Ohana hospitality room was operating at full capacity with abundant refreshments.

The jujitsu kata contest on Sunday was presented well and we witnessed many splendid performances. The AJI wishes to acknowledge all of the



competitors, coaches, instructors and parents who helped to make the tournament a success.

The awards banquet, held on Sunday evening, was well attended and highlighted by the induction of AJI president Samuel C. Luke into the American Jujitsu Institute’s HALL OF FAME!  
**See Awards on page 10 and story on page 14.**



## Presidents Message

*Prof. Samuel C. Luke*

Aloha all!

Ah, the end of 2010 is at hand. The year passed much too quickly for me. The AJI had a great year. Our leadership did well and the "thanks" go out to each one of you for your support. Leaders can lead but if their are no followers and believers, there is no success. We achieved our goals, but there is much more to accomplish and we are depending on every member to do his and her part.

We expand our goals yearly at our Executive Retreat in January. Your ideas and guidance would help us set plans for the new year. Please give us your thoughts soon.

Lest you forget, we hope you take every opportunity to preach as well as follow the Esoteric Principles. Our self defense methods are the tools by which we build men of character. Prof. Okazaki had his early illness which led him to take up Judo. To cure himself was the goal, martial arts were the tools to accomplish his well being. To faithfully practice what we preach, to live the Esoteric Principles, should be the goal for every individual who claim to be followers of Prof. Okazaki.

How do you measure up? We don't expect perfection but hope you come close. Not done well in this endeavor? Forget the past, a new year and a new trial begins. Bless you for trying!

AJI registrations are renewable for 2011. Please try to get them in in December. Our fiscal year starts January 1st. After that, you are late!

Have a great Holiday Season and be good to yourselves and others;..

Sincerely - Prof. Sam Luke

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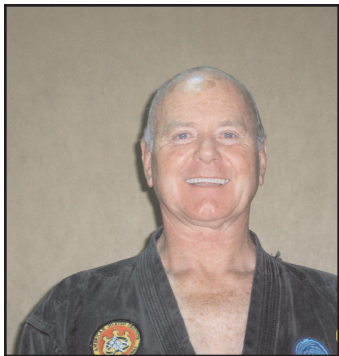
**Bernard E. Baptiste**  
(1920 - 2010)

Life Member Bernard E. Baptiste, a native of Omao, Koloa, Kauai, HI, passed away Wednesday, Sept. 1, 2010, at his home in Monterey, Ca.. He was born Sept. 8, 1920.

# Ka Leo O Kodenkan

## Commentary on Ohana

by Prof. Ken Eddy



A great time was had by all at this years Ohana event in Anaheim. I saw people I had not seen in years at this event and I was thrilled. There were participants from most of the Danzan Ryu Organizations and some extremely qualified and experienced instructors that everyone took advantage of.

I was fortunate enough to teach a Shin Rai class at the event and was glad to see so many eager and talented people attend. Many old friends were working out and had many questions. It was exciting to have so many younger participants to get exposure to things they might not ever see. Sensei Tom Rennie and Sensei Mike Bern aided me in the presentation and can pass on these techniques to future jujutsukas.

It was after class that I was extremely honored when Prof. Maureen Brown thanked me for recognizing her brother, Prof. Pat Brown, (now deceased). It was from Prof. Pat Brown and Prof. Ramon Ancho that I was given these techniques. I am very grateful to Prof. Brown and Prof. Ancho for taking the time to share these things with me. Both of these gentlemen are deceased now and I am grateful to them for sharing. If anyone had the privilege to know these men, they were fortunate indeed.

After my class I met several of the legends of the martial arts and was very impressed with the demonstrations I watched. I was not able to attend the banquet, but I am sure it was terrific.

The A.J.I. presented three promotions in my stead. They were Dave Kahn to the rank of Sandan, Tom Rennie to the rank of Rokudan, and Jason Spencer to the rank of Rokudan.

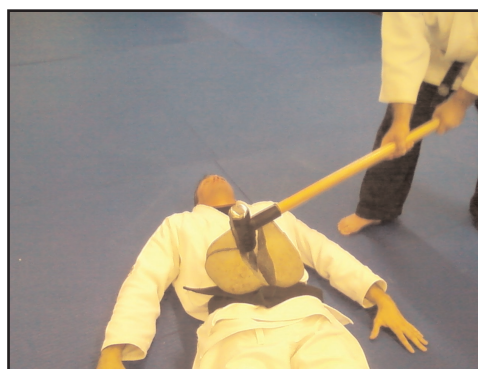
As usual, Shoshin Ryu did an excellent job hosting this event...thank you Shoshin Ryu.

## Typical Black Belt Class at Mizu Shin Tao

By Prof Ken Eddy

A typical class consists of a variety of techniques from all the boards as well as a practical application. In this class we practiced some of the 'Kiai no Maki' demonstration arts.

One example of this I suggest below with 'Hara Age Ishi Wara', the stone breaking demo that Prof. Okazaki so profoundly demonstrates in some of the old photos with Prof. Tony Gonzales. The focus in the technique is on the tori and the stone and totally misses half the point of the exercise.

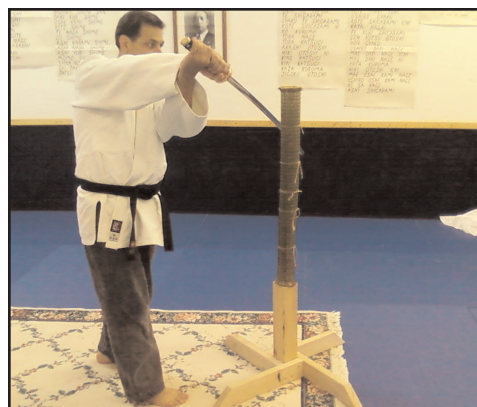


As taught to me by Prof. Gonzales, there is a preparatory meditation prior to the performance of the 'Kiai no Maki' techniques to

both prepare your mind for the necessary mindset and to recognize the willingness of the uki to perform his part of the demonstration.

Prof. Gonzales said what he means by this is you must demonstrate total confidence in the uki while at the same time maintaining a high level of concentration and confidence in you focus.

The uki wielding the sledge hammer has a far greater responsibility than does the tori. He must



do what he has trained to do from the first day and focus on what he is trying to accomplish, striking the center of the stone, and not the tori's pelvis. It can be a daunting task.

## Ka Leo O Kodenkan

### The ALOHA SPIRIT

By Professor Glenn Medici  
KODENKAN of Phoenix



"HONORING the past, SHAPING the future" was the theme of the recent 2010 OHANA gathering in Anaheim, hosted by the Shoshin Ryu organization. The

theme was prevalent throughout the entire 4-day event. My sincerest compliments to Shoshin Ryu's leadership for their great display of the Aloha Spirit.

*Aloha Spirit* is often talked about, but do we really understand what it means? It is intangible. And, because of this, not everybody fully understands just what it is. It is an energy best used constantly in our daily lives without expecting acknowledgements or accolades. It is a living example of the Esoteric Principles of Professor H. Seishiro Okazaki.

The Aloha Spirit is a well-known reference to the attitude of friendly acceptance for which the Hawaiian Islands are so famous. However, it also refers to a powerful way to resolve any problem, accomplish any goal, and achieve any state of mind or body that you might desire.

In the Hawaiian language, aloha stands for much more than just "hello" or "goodbye" or "love." It has a much-deeper meaning. Its deeper meaning is "the joyful (oha) sharing (alo) of life energy (ha) in the present (alo)."

There is magic in the Spirit of Aloha! As you share this energy you become attuned to the divine power that the Hawaiians call mana and the Asian cultures and martial artists call ki or chi. The loving use of this incredible power is the secret for attaining true health, happiness, prosperity and success.

The way to tune into this power and have it work for you is incredibly simple. It is so simple that you might be tempted to pass it off as being too easy to be true. Please don't let yourself be fooled by

such appearances.

This is the most powerful technique in the world. Although it is extremely simple, it may not prove easy to use. To build skill in using this energy, you need to remember to use it and do so frequently.

The secret that resides in the Spirit of Aloha has been given to humanity over and over again. In the Aloha Spirit here it is once more, given to us in yet another form. The secret is this:

Bless everyone and everything that represents what you want!

That's all there is to it. Of course, anything that simple can certainly use some explanation.

To bless something means to give recognition or emphasis to a positive quality, characteristic or condition. The intent of this is that what is recognized or emphasized will increase, endure, or come into being.

Blessings are effective in changing your life or getting what you want. They work for three important reasons: First of all, they focus your mind positively. The positive focus of your mind stirs up the positive, creative force/power of the Universe. Secondly, blessings move your own energy outward, allowing more of the power to come through you.

Thirdly, when you bless for the benefit of others instead of for yourself, you tend to bypass any subconscious fears about what you want. These subconscious fears are more apt to be there when the blessing is for oneself. In addition, the very focus on the blessing acts to increase the same good that you wished for others, in your own life. What is so beautiful about this process is that the blessing you invoke for others helps them, along with helping you!

Blessings may be done with imagery or with touch. However, the most usual and easy way to do a blessing is with words. The main kinds of verbal blessing are:

**Admiration** - This is the giving of compliments or praise to something good that you notice. For example, "What a nice sunset." "I like that dress." "You're so much fun."

## Ka Leo O Kodenkan

**Affirmation** - This is a specific statement of blessing for increase or endurance. For example, "I bless the beauty of this tree." "Blessed be the health of your body."

**Appreciation** - This is an expression of gratitude that something good exists or has happened. For example, "Thank you, God, for helping me." "I give thanks to the rain for nourishing the land."

**Anticipation** - This is blessing for the future. For example, "We're going to have a great picnic." "I bless your increased income." "Thank you for my perfect mate." "I wish you a happy journey" "May the wind be always at your back."

In order to gain the most benefit from blessing, it is important to eliminate the one thing that negates blessing. The event that negates blessing is cursing.

The cursing that I refer to doesn't mean swearing or saying "bad" words. It refers to the opposite of blessing; namely, criticizing instead of admiring; doubting instead of affirming; blaming instead of appreciating; and worrying instead of anticipating with trust. Whenever any of these negative actions are done, they tend to cancel out some of the effects of blessing. So, the more you curse, the harder it will be - and the longer it will take - to get the good from a blessing. On the other hand, the more you bless, the less harm any cursing will do!

Here, then, are some ideas for blessing various needs and desires:

**Health** - You might bless healthy people, animals, and even plants; everything which is well made or well constructed; and everything that expresses abundant energy.

**Happiness** - You could bless all that is good, or the good that is in all people and all things; all the signs of happiness that you see, hear or feel in people or animals; and all potentials for happiness that you notice around you.

**Prosperity** - You might choose to bless all the signs of prosperity in your environment, including everything that money helped to make or do; all

the money that you have in any form; and all the money that circulates in the world.

**Success** - You may want to bless all signs of achievement and completion (such as buildings, bridges, and sports events); all arrivals at destinations (of ships, planes, trains, cars and people); all signs of forward movement or persistence; and all signs of enjoyment or fun.

**Confidence** - You might bless all signs of confidence in people and animals; all signs of strength in people, animals and objects (including steel and concrete); all signs of stability (like mountains and tall trees); and all signs of purposeful power (including big machines, power lines).

**Love and Friendship** - You might decide to bless all signs of caring and nurturing, compassion and support; all harmonious relationships in nature and architecture; everything that is connected to or gently touching something else; all signs of cooperation, as in games or work; and all signs of laughter and fun.

**Inner Peace** - You could bless all signs of quietness, calmness, tranquility, and serenity (such as quiet water or still air); all distant views (horizons, stars, the moon); all signs of beauty of sight, sound or touch; clear colors and shapes; the details of natural or made objects.

**Spiritual Growth** - You may choose to bless all signs of growth, development and change in Nature; the transitions of dawn and twilight; the movement of sun, moon, planets and stars; the flight of birds in the sky; and the movement of wind and sea.

The previous ideas are for guidance. They are offered for the purpose of service in case you are not used to the habit of blessing. Do take care to not let these ideas limit your own creativity.

Any quality, characteristic or condition of your choice can be blessed - this is an instance where "The sky's the limit!" For example, you might even bless slender poles and slim animals to encourage weight loss. You can bless anything, whether it has existed in the past, presently

## Ka Leo O Kodenkan

exists, or exists thus far solely in your imagination. for as long as you like.

To provide further examples, I offer my own experience. Personally, I have used the power of blessing to heal my body, increase my income, develop many skills, create a deeply loving relationship with my wife, and help establish a worldwide network of peacemakers working with the Aloha Spirit. It's because it has worked so well for me that I want to share it with you.

### How to Enhance Your Power to Bless

There is a technique practiced by Hawaiian shaman that enhances your power to bless by increasing your personal energy. It is a simple way of breathing.

This breathing pattern is also used for grounding, centering, meditation, and healing. It requires no special place or posture. It may be done while moving or still, busy or resting, with eyes open or closed. In Hawaiian, the technique is called pikopiko because piko means both the crown of the head and the navel.

### The Technique

1. Become aware of your natural breathing (it might change on its own just because of your awareness - that's okay).
2. Locate the crown of your head and your navel by awareness and/or touch.
3. Now, as you inhale, put your attention on the crown of your head; and, as you exhale, put your attention on your navel. Keep breathing this way

4. When you feel relaxed, centered, and/or energized, begin imagining that you are surrounded with an invisible cloud of light or an electro-magnetic field. Imagine that your breathing increases the energy of this cloud or field.

5. As you bless, imagine that the object of your blessing is surrounded with some of the same energy that surrounds you.

### Variations

a. Instead of crown and navel, as you inhale and exhale, shift attention from shoulder to shoulder, or from sky to earth.

b. To help focus the energy field, imagine it in color, as a tone or chord, or as a tingle.

Portions of this article are re-printed with the approval of Serge Kahili King in his writings on the Aloha Spirit. It is presented here with the hope that it promotes a better understanding of the warmth of this loving concept.

As with the Esoteric Principles, the Spirit of Aloha is intended to be lived on a daily basis in order to fully develop the true warrior and healer. I invite you to share the Aloha Spirit on a daily basis with all within your world. By doing so, rest assured that, throughout your lifetime, you would have contributed much to society.

ALOHA!



**Hachiro Okazaki**  
1922-2010

*The following obituary was posted in the Honolulu Star-Advertiser on September 22, 2010:*

Hachiro Okazaki, age 88, was born on January 7, 1922, in Hilo, Hawaii. He married Ruth Hifumi Suzuki in 1943. They had three children, four grandchildren, and two great-grandchildren.

Following in his father's footsteps (the late Professor Henry Seishiro Okazaki), he became a massage therapist and the proprietor of Nikko Restoration Massage. As a massage therapist, Hachiro, helped countless people with their health problems. Included among his patients were President Lyndon B. Johnson

and Governor John A. Burns. As a young man, Hachiro learned Judo and Jujitsu from his father and became a very accomplished Judoka.

In the last three years of his life, as he was battling life threatening illnesses, he was truly blessed by the care of his three children and their families. Every desire and even "whim" was granted. In addition to his children, Hachiro was also blessed by having caregivers Ana, Nesi, and Nonga who really looked after him in many ways. They were always patient and handled him gently and lovingly. He was truly fortunate to have had such priceless loving care from all.

In addition to his immediate family, he is survived by sister Irene (Hideki) Nakamura, two sisters-in-law Jeanette Okazaki and Jean Okazaki of Gardena, CA, and nieces, nephews, and numerous cousins.

Hachiro lived life to its fullest. We will miss him.

## Ka Leo O Kodenkan

### 2011 Camp Kokua

by Debbie Graham

Sons of Tahoe sponsored a Sushi Class Saturday 10/16/10 to raise start-up funds for Camp Kokua 2011. It was fun and a good sushi student turnout. Perhaps, more events such as this, is to come. Here is a recap of the event:

We began by reviewing the facts about cleanliness then leading into platter preparation, bed lettuce green onion and lemon decorations, then, how to make your own Wasabi! Following that, we learned what is Musubi and how to make this delicious snack.

We showed the class different types of wrap; using rice paper, soy wraps, and nori seaweed wraps. Students began rolling just rice and Nori seaweed wrap, which resulted in many sushi burritos "miscues". Zane explained to use less rice with each roll especially when we began placing the good stuff inside, such as carrots, cucumber, eggs, and ginger. We also prepared California rolls with avocado causing everyone laugh, because too much avocado was popping out the ends, "Just eat it!", Zane said.

This was followed with details on how to buy Ahi (Yellow Fin Tuna) and Crab and how to prepare fresh Octopus. In Hawaii, the octopus is referred to as "Tako." We actually made Tako Poke for all to try. They were amazed how easy it was and even watched Zane remove the octopus teeth and passing the evidence around. People were

# CAMP KOKUA

## 2011

Presented by the Kokua Alliance  
and the American Jujitsu Institute



*Desert Sage,  
Island Flowers,  
in the Spirit of Giving.*

Please Save the Date!!  
Friday Sept. 30, Saturday October 1, Sunday Oct. 2nd

Clinics • JuJitsu • Entertainment • Karate  
Food • Massage • Training • Talk Story

Will be held at the  
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801 So. Carson Street  
Carson City, NV 89701  
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888-227-1499  
www.carsoncityplaza.com  
(\$44 Weekend - \$34 Weekday room rates)

To join the event, and get on the Contact list  
please contact Sensei Ramsey:  
www.denmark@gbis.com  
775-885-7975

Mahalo!

laughing and having a good time with Zane sharing stories about his own diving fun in the old days.

We discussed what a Sushi Chef really is and how they purchase fresh fish for their restaurants. We went over preparation of two unusual types of noodles for our mainland brothers. These could be serve at a parties and go very well with sushi: Japanese somen noodles and cold rice noodles.

We offered tips and recipes to serve these with these delightful noodles. We discussed a shopping list of sushi needs one needs to get started at home. Everyone continued to roll sushi to their hearts content, leaving the class happy and with a full platter of sushi - and a full tummy.

The event raised \$400.00 to cover preliminary costs for the 2011 Camp Kokua.

Deb Graham, Sons of Tahoe, Seifukujitsu

## 2013 Camp Kokua

The Board of Directors have selected the Alaska Jujitsu Institute as the host of the 2013 Camp Kokua. The event will be held in Anchorage, Alaska. Prof. Terry Adlawan and his wife Sussie will be our Camp Hosts and they are currently negotiating for a site. Plan your fund-raising events early and plan on being there.

# Ka Leo O Kodenkan

## 2010 SRY Summer Judo Shiai

by Randy Carrasco

On September 18, 2010 the annual Shoshin Ryu Yudanshakai Judo shiai took place at Kaito Gakko Orange California dojo at Lincoln Avenue Baptist Church. The church sanctuary was cleared out and transformed into a judo ring with perimeter seating. Competitors ranged from 6 - 47 years of age. The event (held in memory of the late "Doctor Kaito" Professor "Uncle" David Nuuhiwa) was kicked off with a prayer by Daniel Tuiteleapaga of Kaito Gakko.



maintained a warm, relaxed family vibe.

After that, Professor Carlos Gallegos surprised one of his Black Belt students, Sensei Leo Lopez by presenting him Sandan (3rd Degree) from Shoshin Ryu Yudanshakai. Leo was also awarded a Kaito Gakko lineage belt and title.

The competitors showed their fighting spirit and technique. This time around, the quickest ippon was credited to first-time judo competitor six year old Malia Carrasco of Kaito Gakko. This brought to mind an old saying of Uncle David: "It's a clean throw and he's gonna go".

Several Southern California dojo were represented at the event- Orange YMCA, Downey YMCA, Kaito Gakko Anaheim, Fullerton, Orange and Santa Ana. Officials & judges included Professors Kevin Dalrymple, Jim Lambert, Carlos Gallegos & John Jacques and Senseis Lee Firestone, Hector Zaragoza and Leo Lopez. Several black belts such as Mike Kakuuchi, Ernie Hanaoka, Jon Lagda, Jeff Osthus, Jaren Lambert and Rudy Cuevas hung out ringside in street clothes.

After the competition was finished, trophies were awarded and then door prizes were distributed to all competitors. Smiles were wide as they received Volcom caps, wallets, belts, binders, purses, bags and more, Cobian JiuJitsu sandals and Monument Clothing caps & tees. Special thanks go to Big Tony Alvarez of Volcom, Tim Haber of Cobian, Jonathan Paskowitz of Lightning Bolt and Scott Farnsworth & Shane Beschen of Monument for all the Aloha and generous donations.

Kaito Gakko ladies Connie Tuiteleapaga, Dr. Viviana Castellon, Ann Gonzales, Sonia Carrasco and Minnie Carrasco handled signup, weigh-ins and division set-up. With attendees being well-behaved, security men Louie Iligan, Joe Gonzales, Danny Tuiteleapaga and Vu Tran had an uneventful job. Lensman Khanh Bui, Alex Pascual and John Lacanlale kept busy behind the cameras. All the volunteers displayed Aloha and

Later as the sun went down, hungry judges, officials, helpers, family members & competitors devoured kalua pork & cabbage, Hawaiian barbecue beef & chicken, scoops of sticky rice and mac salad during the luau feast. In more than one way, it was a satisfying event.





## Ka Leo O Kodenkan

### Update from KODENKAN of Phoenix

by Todd Tippett, Sensei

A surprise 65th birthday party was thrown for Professor Medici Sunday, September 5th. Much ALOHA and camaraderie was shared as well as much sake and good food was consumed by all. The tradition of KODENKAN of Phoenix is that we all drink sake in the traditional way and to toast our predecessors every time we take a sip. It is also the tradition of the dojo to have sake in our promotion ceremonies. First the student toasts the instructor, and then the instructor toasts the student. The bar was a little sticky from the spilled sake by the end of the night, meaning that everyone had a great time. Our special thanks to Marlene, Sensei for organizing such a great surprise party.

Mason, Sensei is currently training hard for an Okinawan FULL CONTACT kumite tournament in Naha, Okinawa. He is also competing in a Muay Thai competition there in November. Mason, Sensei is also teaching Danzan Ryu at his dojo KODENKAN of Kadena in Okinawa. Mason,

Sensei tested for, and received his sandan in Uechi Ryu karate from Shinjo, Sensei in Okinawa. Craig, Sensei has been promoted to the rank of sandan in Danzan Ryu Jujitsu. He continues to teach at KODENKAN of Phoenix

dojo and is developing into a good teacher. Marlene, Sensei continues to oversee the classes, since Professor Medici is recovering from a serious illness and cannot be full-time on the mat.



**Seated: Dai Shihan Joe Holck**  
**Standing: Todd Tippett, Prof. Medici, Marlene Medici, Sensei, Craig Cummings, Sensei and Mason Bergeron, Sensei**

## REFLECTIONS

### JUNE, 2009-HAWAII AJI's 70TH ANNIVERSARY CELEBRATION

by Professor Gary Jones



It was hot and the President of the AJI led a caravan of us to the grave site of Professor Okazaki to conduct a memorial service. We arrived at the cemetery, actually in the city of Honolulu. I did not expect this. I had envisioned a remote part of the island and a cemetery overgrown and forgotten. In retrospect, in 1951 this area may not have been so much in the city.

We were all quiet. There may have been 12 or 14 of us. After some confusion as to correct location we finally found the resting place of Professor Okazaki. And after a short while Professor Luke assembled us in a semicircle and we all joined hands. Professor Luke spoke quietly in ceremony.

Suddenly while standing there I became aware of who I was and more importantly, who I represented. My thoughts were on my first meeting with Professor W.R. Beach in 1966. On that day my life changed and I had no idea that it would be me that would stand in the cemetery

**Continued on page 10.....**

# Ka Leo O Kodenkan

## AJI Black Belt Promotions

August 22, 2010

Takahide Aso	Kaishin Kai	Shodan
Roy Marsh	Kaishin Kai	Shodan
Sylvia Reyes	Kaishin Kai	Shodan
William McDaniel	Kaishin Kai	Shodan
Mansfield Cuarisma Jr.	Ken Ka Ju	Nidan
Rogge Cuarisma	Ken Ka Ju	Nidan
Marta Azzam	Goju-Shorei Karate	Sandan
Craig Cummings	Kodenkan of Phoenix	Sandan
Allen Gatin	House of Kodenkan	Sandan
David Kahn	Mizu Shin Tao	Sandan
Data Totten	Kaishin Kai	Sandan
Nolan Yonekura	Wahiawa Kodenkan	Sandan
Heather Whittington	American Eagle Martial Arts	Sandan
Edward Bederov	South Coast Jujitsu	Yondan
Rich Borba	Koden Jujitsu Kai	Yondan
Jonathan Cansibog	Waianae Jujitsu	Yondan
Cory Carlson	Kodenkan of Payson	Yondan
Charles D. Goodman	Pacific Coast Jujitsu	Yondan
Lee Hebert	Tamashiido Dojo	Yondan
Linda Mascaro	Waianae Tae Kwon Do	Yondan
Gene Louis Montague Jr.	Kumite Ryu Jujitsu	Yondan
Curtis Warren	Kenpo Karate of Lake Tahoe	Yondan
Benjamin Cansibog	Waianae Jujitsu	Godan
Sean Moro	Wahiawa Kodenkan	Godan
Emmanuel D.Ortega	Hawaiian Goshin Ryu	Godan
Sue Jennings	Kaishin Kai	Godan
Judy Leipold	American Eagle Martial Arts	Godan
Craig Millar	Kenpo Jujitsu School of Nevada	Rokudan



## Special Awards

The following awards were presented at the 2010 Ohana:

### Instructor of the Year

Prof. Glenn Medici III      Kodenkan of Phoenix

### Distinguished Service Awards

Prof. Kevin Dalrymple      SRY  
 Prof. Carlos Gallegos      Kaito Gakko  
 Prof. Jon Jacques      SRY  
 Sensei Steve Davis      SRY  
 Prof. Steve McMillan      SRY

### Samuel S. Luke Service Award

Sensei Terry Adlawan      Alaska Jujitsu

### Lifetime Achievement Award

Prof. Michael Chubb      SRY

### AJI Hall of Fame

Prof. Samuel C. LUKE      AJI



**Tom Rennie receives his certificate.**

Tom Rennie	Mizu Shin Tao	Rokudan
Jason Spencer	Mizu Shin Tao	Rokudan
Roy Center Jr.	Kodenkan of Las Vegas	Hachidan
George Larry Hartsook	Eagle Karate Family Center	Hachidan
Michael Chubb	SRY	Judan
William Randel	Westside YMCA	Judan

### REFLECTIONS continued from page 9

43 years later. So I stood, almost in tears, really trying to fill shoes of the two Professors named Beach.

So these are the reflections of who I am and where I have been, and honored to stand at the resting site of our founder while listening to a true masters words who lives the ESOTERIC PRINCIPALS daily.

Prof. Gary Jones  
*Jujitsu Institute of America*

# Ka Leo O Kodenkan

## KaishinKai Students Enjoy First Ohana

By Sensei Sue Jennings

In order to best support Ohana 2010, KaishinKai Dojo cancelled summer camp this year, which would have been held at the same time as the convention. Although many students had at first said they'd attend convention, we still had a dedicated group of students that actually attended convention. Besides Prof. Ron Jennings and myself (Sue Jennings), we had black belts Joe Lentz and Chris Eller attend their first convention.



Joe is trying to start a dojo, but hasn't quite got it running yet - it takes a while to get students. As in the movie, *Field of Dreams*, "build a baseball field and they will come", it actually takes a little more than that to get enough students to have a functioning dojo. With additional training Joe has taken from Tony Blauer, Joe has held several Personal Defense Readiness seminars.

Chris Eller is Sensei of a satellite dojo of KaishinKai at Seattle University in Seattle, WA. This is his second year teaching at Seattle University and he is getting new students and a lot of hands-on teaching experience.

Also attending their first convention was Vesper Aeon and Corey Schaeffer. And from what we heard from both of them, it was a great experience. Now, there was a common complaint from all the students, "we couldn't attend all the classes we wanted to, we had to choose!" Welcome to conventions, where we all have to make these choices. It just means you have to attend more conventions.

Since Ohana, we've had many obstacles to overcome in the classes at KaishinKai Dojo. Normally most of our classes have been held at the Evergreen State College in Olympia, Washington. However, they discontinued their community education program due to budget cuts. So, two weeks before we were (thought)

scheduled to resume classes at Evergreen in the Fall, I found out we could no longer hold classes there. I had to quickly change plans and hustle to find another location for classes.

While we have a home dojo, it's located 20 miles south of Olympia and it's not where we hold most of the classes throughout the year - that's been at the college for the last 13 years. Fortunately I connected with South Puget Sound Community College (SPSCC) and was able to start holding classes there.

However, when you start out a new facility, you don't always get the choice location for classes, and this has been the case for us at SPSCC. Instead of holding classes in basically a gym or exercise room that already has mats in it; we now have a location in a large 30 x 60 meeting room. This means every class we must move mats in before class and back out

again after class. It also means students must help move tables and chairs and put them back again after classes. So, while it's not an ideal situation at the new college location for us, the

staff there did welcome us and really make an effort to find a place for us to hold our classes. Hopefully over time we'll have classes in the gym and not have the mat and furniture moving party at every class that we have now.

Through all the changes, KaishinKai students have been making good progress, and there have been promotions within our ranks: Rick Benson and Eric Lewis have promoted to Yonkyu; Corey Schaeffer and Artem Raysky have been promoted within their Gokyu ranking to 1st, so they are getting close to Yonkyu.

Our next event is the KaishinKai Dojo Holiday Party which will be held this Saturday at the Jennings' residence. Then we look forward to a new year and a clinic upcoming in February.

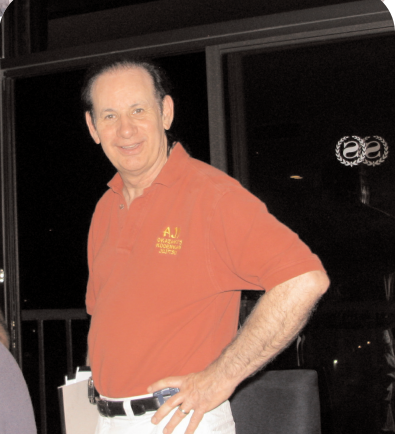
It's been a good year at KaishinKai and we look forward to a great 2011.



# Ka Leo O Kodenkan Candids at the Ohana2010



# Ka Leo O Kodenkan



2010 American Jujitsu Institute

# Hall of Fame Inductee



Professor Samuel C. Luke  
President  
Judan

On August 22nd, 2010, the American Jujitsu Institute inducted president Samuel C. Luke into its Hall of Fame.

Born March 11, 1935 he is the eldest son of former AJI President Samuel S. Luke. He was one his father's first students and was expected to excel and work harder for his ranks. He received his Nidan rank in 1952 and began teaching, under the Luke dojo, at Kamehameha School for Boys and at Punahou School. He also taught at the Mikilua Jujitsu Club, the Navy Housing Jujitsu Club and assisted at the Nuuanu Y.M.C.A.

He became the secretary of the AJI in 1972 and held that post until the death of his father in 1989, at which time he became the vice-president of the jujitsu division. In 2001, he was elected president of the AJI, a post he holds today.

Professor Luke is a Judan, having being promoted on December 15th, 2001. He has dedicated a tremendous amount of time in promoting the AJI. Some of his projects include the detailed technique list of the boards, the drafting and completion of our 501(c)(3) status with the IRS, he was the impetus behind our college degree program and is responsible for keeping ties with past members.

His most cherished moments include visiting Master Okazaki's dojo and also witnessing the promotion of his father to the rank of Judan on his 71st birthday.

Professor Luke has served in the Navy Reserves, Hawaii National Guard and the Army Reserves Special Forces Paratroops. He graduated from St. Louis High School and received his degree in Public Administration for the University of Hawaii. He is an independent business owner, a IS (Information Systems) specialist and Certified Systems Professional.



Professor Luke can always be found making the rounds at various events sharing his knowledge and wisdom to anyone and everyone who is interested. He always has a smiling face and is a great conversationalist, whether speaking with children, or with elders. He has the

ability to keep the interest of those around him and believes everyone should respect others as they expect other to respect them.

He strongly believes in the principles espoused by our founder, Henry Seishiro Okazaki. He has dedicated his life to the martial arts.

Congratulations!



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